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The Allure of Cyprus: A Perfect Family Holiday Destination

A BLEND OF HISTORY, ADVENTURE, AND NATURAL BEAUTY

Cyprus, a Mediterranean gem, has long been renowned as an ideal getaway for families seeking a mix of leisure, culture, and adventure. With its rich history, stunning landscapes, and year-round mild climate, this island nation has something to offer every member of the family, making it a top choice for a memorable family break.

ACTIVITIES FOR EVERY FAMILY MEMBER

Cyprus boasts an incredible array of activities suited to both the adventurous and the laid-back traveler. For nature enthusiasts, the Troodos Mountains provide the perfect setting for activities like hiking, cycling, and horse riding. Riding through the scenic trails of these mountains, visitors can marvel at ancient forests, cascading waterfalls, and quaint villages nestled in the hills.

For water lovers, nothing beats the thrill of bouncing along the azure sea on a banana boat or exploring the crystal-clear waters through snorkeling and scuba diving. Many beaches in Cyprus, including those in Ayia Napa and Protaras, offer family-friendly water sports, ensuring fun for children and adults alike.

If your family prefers slower-paced activities, visiting the island's vineyards and embarking on its wine routes in the foothills of the mountains can be a delightful experience. While adults may enjoy tastings of the renowned Commandaria wine, the children can revel in the beauty of the surrounding countryside.

YEAR-ROUND BEAUTY

Cyprus is a destination that shines in every season. While summer is the most popular time for beach holidays, the island's charm extends well into winter. The mild winter weather makes Cyprus an excellent escape from colder climates, and its appeal as a winter holiday destination is steadily growing. From wandering among snow-dusted villages in the Troodos Mountains to enjoying warm, sunny days by the coast, winter in Cyprus offers a unique, tranquil experience.

Spring, beginning as early as mid-February, is particularly enchanting. The countryside bursts into color with a dazzling array of spring flowers, providing an excellent reason for nature lovers to visit. Families can enjoy leisurely walks through fields of blossoming flora or picnic by the sea as migratory birds and turtles make their seasonal appearances on the beaches.

HISTORICAL AND CULTURAL RICHES

Cyprus is a treasure trove of history and culture, which makes it an educational and enriching destination for families. The island is dotted with Byzantine churches, archaeological sites, and ancient ruins that reveal its storied past. These sites not only captivate adults but also spark the curiosity of young travelers.

In the town of Paphos, history comes alive. A UNESCO World Heritage Site, Paphos is a blend of classical beauty and modern allure. Its upper town features elegant classical-style buildings, while the lower town, known as Kato Paphos, sits by the sea and is home to fascinating archaeological sites, including ancient mosaics and the Tombs of the Kings. Exploring these historical gems as a family is not just an activity but a journey through time.

PAPHOS: A HAVEN FOR TOURISTS

Paphos combines historical intrigue with quintessential holiday charm, making it a favorite destination for visitors. The upper part of the town offers a range of shopping options, with streets lined with shops selling gifts, souvenirs, and local crafts. This is the perfect place to pick up a memento of your trip or a handmade trinket to take home.

Kato Paphos, located near the sea and the harbor, offers a different vibe altogether. Here, families can dine at fish tavernas serving freshly caught seafood, relax in luxurious hotels, and explore an array of souvenir shops. The harbor area is ideal for a sunset stroll, with the gentle sea breeze creating a serene atmosphere.

For those keen on delving deeper into the past, the archaeological sites in Kato Paphos are a must-visit. Children and adults alike are sure to be fascinated by the intricate mosaics and the tales they tell of ancient life in Cyprus. These experiences make Paphos more than just a holiday resort; it becomes a place of discovery and learning.

NATURAL WONDERS

Cyprus is not just about its beaches and mountains; its wildlife and natural wonders add to its allure. The beaches of Cyprus are not just stretches of golden sand but also sanctuaries for turtles. Loggerhead and green turtles often nest along the island's shores, providing an opportunity for families to witness these majestic creatures in their natural habitat. Additionally, the skies above Cyprus are graced by exotic migratory birds, drawing birdwatchers and nature enthusiasts alike.

A CULINARY DELIGHT

No family holiday is complete without indulging in local cuisine, and Cyprus does not disappoint. From hearty meat dishes like souvla and kleftiko to the lighter fare of halloumi cheese and fresh salads, the culinary options are both diverse and delicious. For families, many restaurants offer kid-friendly menus and a welcoming atmosphere, ensuring everyone leaves the table satisfied.

Paphos: A Blend of Mythology, History, and Modern Tourism

THE ALLURE OF THE BIRTHPLACE OF APHRODITE

Nestled on the south-west coast of Cyprus, Paphos is a city that seamlessly merges rich mythology, historical significance, and modern-day allure. Renowned as the birthplace of Aphrodite, the goddess of love and beauty, Paphos holds a special place in Greek mythology and is a treasure trove of archaeological wonders. It offers holidaymakers a unique blend of ancient charm and contemporary comfort, making it one of the most captivating destinations in the Mediterranean.

APHRODITE'S LEGACY

Paphos is deeply entwined with Greek mythology, primarily due to its association with Aphrodite. According to legend, Aphrodite emerged from the sea foam at Petra Tou Romiou, also known locally as Aphrodite's Rock. This iconic landmark is a must-visit, drawing visitors who wish to connect with the mythical origins of the goddess.

Beyond the rock, the sanctuary of Aphrodite in Kouklia offers a glimpse into the ancient worship of the goddess. Once a major religious site, the sanctuary is now an archaeological marvel that provides insight into the rituals and beliefs of antiquity. Visitors can also explore the Baths of Aphrodite in Polis, a picturesque grotto where, according to myth, the goddess bathed and enchanted her lovers. Even the name "Paphos" itself is steeped in mythology, as it is said to be derived from Paphos, the daughter of Pygmalion and Venus in Greek lore.

HISTORICAL SIGNIFICANCE

Paphos was not only a mythical hub but also served as the capital of Cyprus during Roman times. The remnants of its Roman glory can be explored in the ruins and mosaics found in the Paphos Archaeological Park, a UNESCO World Heritage Site. This park is home to some of the most stunning mosaics in the Mediterranean, depicting tales from Greek mythology and Roman life with extraordinary detail.

The city's history is also linked to early Christianity. The Apostle Paul is said to have visited Paphos during his missionary journeys, leaving a spiritual legacy that resonates to this day. The column where he was reportedly flogged, known as Saint Paul's Pillar, is a poignant reminder of the city's role in the spread of Christianity.

A MODERN RESORT WITH TIMELESS CHARM

Despite its ancient roots, Paphos is a vibrant and modern holiday destination. It enjoys nearly 300 days of sunshine per year, making it an ideal escape for sun-seekers. The city's warm climate is softened by cooling sea breezes, creating a comfortable environment for exploring its picturesque streets and sandy beaches.

The bustling marina is a focal point of activity, offering a variety of restaurants, cafes, and shops. Visitors can enjoy a leisurely walk along the waterfront, indulge in fresh seafood, or simply relax with a drink as they watch the world go by.

Paphos is divided into two distinct regions that offer a contrast in atmosphere. The lower region, known for its lively tourist scene, is home to luxury resorts, bustling nightlife, and scenic coastal views. Meanwhile, the upper region, Ktima, retains an old-town charm with its traditional architecture, local markets, and a more tranquil pace of life.

ARCHAEOLOGICAL WONDERS

The region surrounding Paphos is renowned for its archaeological significance. In addition to the sanctuary of Aphrodite and the mosaics of the Archaeological Park, visitors can explore ancient tombs, theatres, and temples. Highlights include the Tombs of the Kings, a necropolis carved into the rock, and the Odeon, a restored Roman theatre that still hosts performances today.

These sites, combined with the natural beauty of the coastline, make Paphos a haven for history and nature enthusiasts alike.

AN UNFORGETTABLE DESTINATION

Paphos effortlessly balances its mythological and historical heritage with the conveniences of a modern resort. Whether you are drawn by the tales of Aphrodite, the allure of ancient ruins, or the promise of sunny relaxation, this Cypriot city offers something for everyone. From its buzzing marina to the tranquil charm of Ktima, Paphos invites you to step into a world where the past and present coexist in perfect harmony.

Paphos: The Jewel of Cyprus

WHERE ANCIENT HISTORY MEETS MODERN CHARM

Nestled on the south-west coast of Cyprus, Paphos is a city where historic allure blends seamlessly with the luxuries of a modern resort. Once the ancient capital of Cyprus, Paphos offers a harmonious mix of mythological significance, archaeological wonders, and contemporary vibrancy, all set against the backdrop of a Mediterranean paradise.

A CITY OF MYTH AND LEGEND

Paphos is steeped in mythology, famously celebrated as the birthplace of Aphrodite, the Greek goddess of love and beauty. This connection to divine legend makes it a pilgrimage site for those drawn to its enchanting aura. The city's association with Aphrodite sets the stage for its romantic and mystical charm, which continues to draw visitors from around the globe.

TWO TOWNS, ONE SOUL

Paphos is a city of dualities, comprising two distinct towns, each with its unique character and appeal:

Ktima (Upper Paphos)

Perched on a cliff, Ktima is the heart of the city, cherished by its residents for its authenticity and traditional allure. Away from the bustling tourist hotspots, it is home to some of the most beautiful buildings in the city, as well as a rich array of museums that preserve the town's storied past. Wandering through its streets, visitors can experience a slice of Cypriot life, marked by a slower pace and a deep connection to heritage.

Kato Paphos (Lower Paphos)

Down by the sea, Kato Paphos offers a lively and dynamic atmosphere. This is where the buzzing marina is located, a perfect spot for an afternoon stroll or a relaxing drink while watching the world go by. The lower town is a hub of activity, seamlessly blending modern amenities with its historical context. It is here that visitors can explore some of the most famous archaeological sites, which provide a glimpse into the city's ancient past.

HISTORICAL AND ARCHAEOLOGICAL MARVELS

Paphos is renowned for its extraordinary archaeological sites, many of which are recognized as UNESCO World Heritage Sites. These include the intricate mosaic floors of Roman villas, the Tombs of the Kings, and the ancient Odeon amphitheater. Every corner of the city seems to whisper stories from centuries past, making it a treasure trove for history enthusiasts.

CLIMATE AND COMFORT

The city enjoys a warm Mediterranean climate, with its heat tempered by the cooling breezes from the sea. Whether you choose to wander the historic streets of Ktima, bask in the sun by the marina in Kato Paphos, or relax in a quaint bar overlooking the sea, the weather only adds to the city's charm.

A SPECIAL KIND OF PERFECTION

Paphos is a place where contrasts collide to create harmony. The tranquil charm of Ktima balances the lively energy of Kato Paphos, offering something for every traveler. It is a city where the past and present coexist beautifully, where mythology and modernity intertwine, and where every experience feels like a step closer to perfection.

Whether you're an avid historian, a seeker of mythological wonders, or simply in search of a serene yet vibrant escape, Paphos offers an unforgettable journey into the heart of Cyprus.

Kato Paphos: A Cypriot Treasure with Rich History

FROM ANCIENT CIVILISATIONS TO MODERN ATTRACTIONS

Kato Paphos, located in the southwestern part of Cyprus, is a town that beautifully combines centuries of history with modern vibrancy. While other areas of Cyprus have undergone significant transformations, Kato Paphos retains its Cypriot essence while expanding as a cosmopolitan destination.

HISTORICAL SIGNIFICANCE

The archaeological park in Kato Paphos is a treasure trove of ancient artefacts and structures. Here, visitors can explore magnificent mosaics and architectural remains from the Greek and Roman periods, which provide a fascinating glimpse into the area's past. Among its many historical landmarks, the Paphos Castle stands out as a symbol of resilience and evolution.

The Story of Paphos Castle

The castle, situated at the edge of the harbour, was originally built during the Byzantine era as a fort to defend the harbour against invaders. Following the devastating earthquake of 1222, the Lusignans reconstructed it in the 13th century. In 1570, it was dismantled, but later the Ottomans restored and fortified the structure after capturing the island.

Over the centuries, the castle has served various purposes. It has functioned as a fortress, a prison, and even a salt warehouse during the British occupation of Cyprus. Today, the castle has been transformed into a cultural landmark. It provides an atmospheric backdrop for the annual open-air Paphos cultural festival, held each September. Declared a listed building in 1935, Paphos Castle remains one of the city's most distinctive landmarks.

MODERN ATTRACTIONS

Kato Paphos is also known for its vibrant harbour area. The promenade and boulevard, lined with tall palm trees, offer a delightful space for leisurely strolls. The area is bustling with food stands, garden restaurants, and opportunities to rent boats or book excursions. This cosmopolitan atmosphere blends seamlessly with the town's historical charm.

Archaeological Exploration

Several excavations have been conducted in Kato Paphos to uncover its rich layers of history. These studies not only shed light on the town's ancient significance but also ensure its heritage is preserved for future generations.

CULTURAL ESSENCE

Despite its modern development, Kato Paphos remains deeply Cypriot in character. The intertwining of ancient history with contemporary life creates an environment that is both enriching and welcoming. Whether you're exploring the archaeological park or enjoying the harbour's festive atmosphere, Kato Paphos offers a unique experience that appeals to both history enthusiasts and leisure seekers.

Kato Paphos is, undoubtedly, a gem of Cyprus—a place where the past meets the present in harmonious splendour. Its blend of historical depth and modern amenities makes it an essential destination for anyone visiting the island.

A Journey Through Cyprus: Attractions and Cultural Richness

AN EXPLORATION OF HISTORY, SWEETNESS, AND BEAUTY

Cyprus is an island that seamlessly blends fun, sun, and culture. Its unique appeal lies in its ability to serve up a diverse array of experiences, from historical wonders to breathtaking beaches. Whether you are a history enthusiast, a nature lover, or simply someone seeking relaxation, Cyprus caters to every traveller's desires.

EXCAVATION AREA AND VISITOR AMENITIES

One of the highlights for visitors is the large car park designed specifically for those exploring the archaeological excavation area. This thoughtful amenity ensures convenient access to the layers of history waiting to be uncovered.

VILLAGE OF YEROSKIPOU: A SWEET DELIGHT

A short distance from the nearby apartments lies the village of Yeroskipou, a gem for those with a penchant for sweets. Here, visitors can witness the crafting of loukoumi, also known as Turkish or Cyprus delight. The experience is immersive and delightful—watch as these sweets are made and sample their various flavours. The treat doesn't stop there; sugared almonds and coconut slices add to the indulgence, making this visit a highlight for anyone with a sweet tooth.

PAPHOS: A BLEND OF HISTORY AND CHARM

Moving on to Paphos, the journey takes you past its vibrant market area, the Catacombs of Solomoni, and the Pillar of St Paul. Each site tells a story steeped in legend and history. The Pillar of St Paul, for instance, is a revered spot believed to be where St Paul was tied and lashed before converting the Roman Governor to Christianity—a pivotal moment in religious history.

Paphos Harbour

At the heart of the town lies Paphos Harbour, a hub of activity and charm. Here, visitors are presented with diverse choices:

- Visit the House of Dionysus, renowned for its stunning floor mosaics, which tell intricate tales of ancient life.
- Explore Paphos Fort, a structure built by the Turks in 1592, offering a glimpse into the island's tumultuous past.
- Relax at one of the cafes lining the harbour, soaking in the Mediterranean ambiance.

A MULTI-LAYERED DESTINATION

Cyprus stands out as a destination that has retained elements from every invading culture, creating a rich and multi-faceted identity. Its record-breaking number of Blue Flag beaches showcases its commitment to environmental preservation and stunning seaside experiences.

Beyond its beaches, the island boasts countless ancient ruins, each a testament to its layered history. From the Hellenistic period to Ottoman influences, Cyprus has preserved its story through architecture, art, and cultural traditions. These elements combine to offer visitors not just a vacation but a journey through time and heritage.

Exploring Cypriot Hospitality and Traditional Products

THE WARM WELCOME OF CYPRIOT HOSPITALITY

Cyprus, an island steeped in history and tradition, is renowned for its heartfelt hospitality. If you were to step into a Cypriot home, you might be welcomed with a cup of coffee accompanied by a delightful 'spoon sweet,' also known as glyko. This traditional offering is a small yet flavorful piece of fruit preserved in a thick sugar syrup. It is a symbol of hospitality, thoughtfully served to guests. The name "spoon sweet" reflects its typical portion size – a generous teaspoonful, offering a sweet reminder of Cypriot warmth and kindness.

Visitors to Cyprus can delve deeper into this tradition by experiencing workshops dedicated to the art of creating spoon sweets. These workshops showcase the intricate process of producing these preserves, alongside introducing participants to a variety of other Cypriot specialties.

ROSE WATER: A FRAGRANT TRADITION

An integral component of Cypriot culture is rose water, which finds its way into both culinary creations and beauty preparations. The village of Agros stands out as a hub for cultivating rose bushes specifically for this purpose. It is here that the Tsolakis family has built a legacy, producing a range of rose-based products.

From rose oil and rose tea to rose jam and soaps, the Tsolakis family factory offers a captivating insight into the history and production processes of these fragrant creations. Their work also extends to skincare products and scented candles, which capture the essence of Cypriot roses and their enchanting appeal.

APHRODITE DELIGHTS

In the realm of confectionery, Cyprus boasts a rich tradition of sweet treats. Among these is a business that has been internationally recognized for its authentic craftsmanship since 1895: Aphrodite Delights. Known

for producing soft, traditional Cypriot sweets, this company prides itself on the use of the finest natural ingredients. Their confections are an embodiment of time-tested recipes and dedication to quality.

ORGANIC OLIVE OIL: PURE LUXURY

For those with a passion for gastronomy, Cyprus offers Aledrades organic extra virgin olive oil, a product synonymous with luxury and authenticity. This olive oil is crafted with precision, using only mechanical means and a cold extraction process, ensuring it is unfiltered and retains its natural richness. Each drop of this oil delivers a taste that elevates any culinary creation, reflecting the island's devotion to quality and tradition.

Exploring the Historic Charm of Paphos and days gone by!

WHERE ANCIENT WONDERS MEET MODERN ATTRACTIONS

Paphos, located on the southwestern coast of Cyprus, is a destination brimming with historic charm and cultural richness. With a unique blend of influences from ancient Greece, Rome, and the Byzantine Empire, the city offers an unparalleled opportunity to dive into the history and beauty that define the island of Cyprus.

ANCIENT RUINS AND TIMELESS TREASURES

The historical allure of Paphos shines through its iconic ancient ruins, each telling a story of the city's extraordinary past. Among the most notable landmarks are the mosaics and frescos dating back to the 11th century. These intricate works of art, preserved within archaeological parks, depict scenes from Greek mythology with extraordinary detail and colour. A stroll through these mosaics is akin to stepping back in time, allowing visitors to marvel at the craftsmanship and imagination of ancient artisans.

Another must-see is the Tomb of the Kings, a monumental site dating back to the 4th century BC. These underground tombs and chambers are believed to have been the final resting place of high-ranking officials and aristocrats. Walking through this maze of history, visitors can sense the solemnity and grandeur of the lives once honoured here. The tombs, carved into solid rock, serve as a testament to the architectural ingenuity of ancient civilizations.

APHRODITE'S ROCK: THE MYTHICAL BIRTHPLACE

A trip along the coastline leads to one of Cyprus's most iconic landmarks: Aphrodite's Rock. Legend has it that the Greek goddess of love and beauty, Aphrodite, was born from the foaming waves around this dramatic rock formation. The site's natural beauty, coupled with its mythological significance, makes it a popular destination for travellers seeking both romance and history. Many visitors take boat rides to get up close to the rock, immersing themselves in the enchanting lore of the goddess whose influence is said to linger in this magical place.

KOURION: A CLIFFSIDE CITY OF ANTIQUITY

Continuing from Aphrodite's Rock, one arrives at Kourion, an ancient city perched on a cliff offering breathtaking views of the Mediterranean Sea. Kourion is a treasure trove of historical sites, including an agora (marketplace), an early Christian basilica, and a large amphitheatre. The amphitheatre, once the

venue for gladiatorial games during the Roman era, continues to captivate visitors with its sense of drama and its sweeping views of the azure waters below.

Kourion's Roman floor mosaics are another highlight, showcasing the artistic and cultural sophistication of the era. The house of Achileas is particularly renowned for its mosaic depictions, which provide a window into the aesthetic sensibilities of ancient Roman society. Whether you're fascinated by history or the stunning landscape surrounding this site, Kourion offers an unforgettable experience.

KOLOSSI CASTLE: A MEDIEVAL MARVEL

For those intrigued by military architecture, Kolossi Castle is an essential stop. Originally constructed in the 13th century, the castle underwent significant reconstruction in the 15th century, resulting in the imposing structure that stands today. Kolossi Castle served as a stronghold for various rulers and offers insights into the strategic importance of Cyprus in medieval times. Its thick stone walls, towering design, and rich history evoke the essence of medieval warfare and governance.

MODERN ATTRACTIONS FOR THE WHOLE FAMILY

Though steeped in history, Paphos also caters to modern tastes with a range of attractions designed for fun and relaxation. The Aphrodite Waterpark, the largest waterpark in the resort, is perfect for families seeking excitement. From thrilling slides to lazy rivers, the park ensures nonstop fun for visitors of all ages.

Animal lovers will find delight at Paphos Zoo, home to an impressive array of birds and animals from around the world. The zoo's parrots and owls are particularly captivating, showcasing vibrant colours and charming personalities. With its educational programmes and beautifully maintained grounds, the zoo offers a wonderful day out for families and nature enthusiasts alike.

Exploring the Cultural and Historical Gems North of Paphos

A JOURNEY THROUGH MONASTIC TRADITIONS, HISTORICAL LANDMARKS, AND CYPRIOT WINEMAKING

Nestled in the picturesque landscapes of Cyprus, the region north of Paphos is rich in history, spirituality, and viticultural excellence. This area offers visitors a captivating blend of cultural treasures, historical significance, and tantalising wines, making it a perfect destination for anyone seeking to immerse themselves in the island's heritage.

CHRYSOROYIATISSA MONASTERY: THE JEWEL OF CYPRIOT SPIRITUALITY

Founded in the 12th century by a monk named Ignatius, Chrysoroyiatissa Monastery stands as a testament to Cyprus's enduring spiritual traditions. Dedicated to the Virgin Mary, or the Cypriot 'Our Lady of the Golden Pomegranate,' this sacred site carries centuries of religious significance. According to local lore, the monastery was established after Ignatius discovered an icon of the Virgin Mary floating in the sea, which he believed was divinely sent.

The present building, constructed in 1770, exudes timeless elegance and architectural harmony. Perched at an altitude of 2,700 feet, Chrysoroyiatissa commands breathtaking views of the surrounding hills and

valleys, creating an atmosphere of serenity and reflection. The monastery is also celebrated for its exceptional wines, crafted from grapes grown in its own vineyards. These wines reflect a harmonious blend of tradition and modern expertise, drawing both locals and travellers alike to savour their distinctive flavours.

PANAYIA: THE HEART OF CYPRUS'S MODERN HISTORY

A short drive from Chrysoroyiatissa Monastery takes you to the charming village of Panayia, a place steeped in historical significance. This quaint settlement is the birthplace of Archbishop Makarios III, a towering figure in Cypriot history who became the first president of the Republic of Cyprus in 1960.

Archbishop Makarios III, a charismatic leader and advocate for Cypriot independence, played a pivotal role in shaping the island's destiny. His humble childhood home in Panayia has been transformed into a museum, offering a poignant glimpse into his life and legacy. Visitors can explore the modest rooms and artefacts, gaining a deeper understanding of the challenges and triumphs that defined this extraordinary leader's journey. The museum serves as both a tribute to Makarios III and a celebration of Cyprus's resilient spirit.

VOUNI PANAYIA WINERY: A TASTE OF CYPRIOT TRADITION

For wine aficionados, no visit to the region north of Paphos would be complete without a stop at Vouni Panayia Winery. This family-owned establishment embodies the essence of Cypriot winemaking, blending centuries-old traditions with innovative practices to produce wines of unparalleled quality.

Visitors to Vouni Panayia are treated to a comprehensive tour of the winery, offering a behind-the-scenes look at the wine production process. From the vineyards to the cellars, the journey unveils the meticulous care and craftsmanship that goes into every bottle. Guests are invited to taste an array of delicious wines, each showcasing the unique terroir and flavours of Cyprus. The experience is both educational and indulgent, making it a highlight for wine lovers and cultural explorers alike.

THE PERFECT BLEND OF HISTORY AND MODERNITY

The region north of Paphos encapsulates the harmonious coexistence of history and modernity. Whether you are marvelling at the spiritual heritage of Chrysoroyiatissa Monastery, delving into the life of Archbishop Makarios III in Panayia, or savouring the exquisite wines at Vouni Panayia Winery, each experience offers a unique window into the soul of Cyprus.

This area is not just a destination; it is a journey through time, culture, and taste. It invites visitors to connect with the island's rich heritage while basking in its natural beauty. Truly, the region north of Paphos is a treasure trove waiting to be discovered, promising memories that will linger long after the visit has ended.

The Enigmatic Underground Tombs: A UNESCO World Heritage Site

AN INSIGHT INTO ANCIENT BURIAL PRACTICES OF THE 4TH CENTURY BC

Beneath the surface of history's rich tapestry lies a UNESCO World Heritage site, seemingly shrouded in mystery and grandeur. This extraordinary location, featuring underground tombs and chambers dating back to the 4th century BC, has fascinated historians, archaeologists, and visitors alike. Believed to have been the final resting place for high-ranking officials, the site offers a glimpse into ancient civilizations and their complex burial customs.

THE SIGNIFICANCE OF THE SITE

The UNESCO designation recognizes this historic gem not only for its architectural brilliance but also for its cultural and historical importance. These tombs, carved into the earth with meticulous precision, reveal the reverence ancient societies held for their deceased leaders and elite members. The site serves as a poignant reminder of the intricate rituals and beliefs these civilizations practiced, particularly concerning the afterlife.

Historical Context

Dating back to the 4th century BC, this period was marked by significant political and cultural developments. In many ancient societies, burial practices were directly linked to religious beliefs and social hierarchies. High-ranking officials and dignitaries were often interred in elaborate tombs, symbolizing their elevated status in life and their presumed journey into the afterlife.

The chambers at this UNESCO site reflect the artistic and architectural sophistication of the era. Crafted with remarkable skill, the tombs were designed not just as burial spaces but as eternal sanctuaries for the departed, ensuring their legacy endured for generations.

ARCHITECTURAL GRANDEUR

The underground chambers at the site are a marvel of engineering and design. Constructed with precision, these spaces demonstrate an advanced understanding of architecture and construction techniques for their time. The tombs often include intricate carvings, frescoes, and inscriptions that provide valuable insights into the culture, beliefs, and daily lives of the people who built them.

Each chamber reflects a sense of hierarchy, with the tombs of the most prominent individuals often more elaborate and spacious. The use of geometric patterns, symbolic motifs, and vibrant colours highlights the artistic achievements of the ancient artisans.

The Role of Symbolism

Symbolism played a central role in the design of these tombs. Many chambers feature carvings of deities, mythical creatures, or celestial symbols, all of which were believed to guide the souls of the deceased into the afterlife. These intricate details not only served a spiritual purpose but also underscored the social and religious values of the time.

BURIAL PRACTICES AND RITUALS

The tombs at this site offer a profound understanding of ancient burial practices. Archaeological findings suggest that elaborate ceremonies were conducted before interring the deceased. High-ranking officials were often accompanied by grave goods—objects such as jewelry, pottery, and weapons that were believed to aid them in their journey to the next world.

The presence of these goods, along with the careful construction of the tombs, indicates the resources and labour invested in honouring the dead. It also highlights the social stratification of the time, as only the most privileged were afforded such elaborate burials.

THE MYSTERY AND LEGACY

Despite extensive research, much about this UNESCO World Heritage site remains a mystery. Who precisely were the individuals buried here? What stories do their lives and deaths tell? These questions continue to intrigue researchers and visitors alike.

The site's enduring legacy lies in its ability to connect us with the past, offering a tangible link to civilizations that have long since vanished. It stands as a testament to humanity's enduring fascination with death, the afterlife, and the desire to immortalize one's legacy.

A MODERN-DAY PILGRIMAGE

Today, this UNESCO site draws visitors from around the globe, all eager to witness its historical and architectural wonders. Walking through the underground chambers and tombs, one cannot help but feel a deep sense of awe and reverence for the ingenuity and artistry of ancient civilizations.

Preservation efforts have been crucial in maintaining the integrity of the site, ensuring that future generations can continue to explore and appreciate its significance. UNESCO's recognition has also helped raise awareness about the importance of protecting such irreplaceable cultural treasures.

This UNESCO World Heritage site, with its underground tombs and chambers, is more than just an archaeological marvel; it is a portal into the beliefs, values, and artistry of an ancient era. It reminds us of the universal human desire to honour the dead and preserve their memory for eternity. As we delve into its mysteries, we are not only uncovering the past but also enriching our understanding of the present.

Visiting this site is not merely an exploration of history—it is a journey into the human spirit, one that reveals the timeless connections that bind us across centuries and cultures.

Lefkara Lace: A Timeless Craft

THE ART OF “LEFKARITIKA”

Lefkara Lace, also known as “Lefkaritika,” is a handmade lace that originates from the village of Lefkara in Cyprus. Renowned for its intricate designs and remarkable craftsmanship, this lace has been a symbol of cultural heritage and artistic excellence for centuries. It embodies the dedication and skill of generations of artisans who have preserved this craft, passing down their knowledge through time.

HISTORICAL ORIGINS

The art of Lefkara Lace dates back to at least the 14th century. Its origins are intertwined with the village's history and the unique blend of cultural influences that shaped Cyprus over the centuries. Lefkara Lace gained prominence during the Venetian rule of Cyprus, becoming a sought-after commodity among the aristocracy of Europe. The distinctive combination of stitches and cuts, which defines Lefkaritika, has remained unchanged, maintaining the authenticity and traditional essence of this craft.

According to historical accounts, Leonardo da Vinci is said to have admired Lefkara Lace during his visit to Cyprus in the late 15th century. Legend has it that he purchased a piece as a gift for Milan Cathedral, further cementing Lefkara's reputation as a centre for exceptional artistry.

CRAFTSMANSHIP AND TECHNIQUE

Creating Lefkara Lace is a labour-intensive process that requires extraordinary skill and patience. Artisans employ a combination of various stitches, patterns, and cuts, which together form intricate geometric and floral designs. The threads used are typically linen or cotton, lending the fabric a soft yet durable quality.

Every piece is created entirely by hand, with artisans dedicating weeks or even months to complete a single tablecloth, curtain, or decorative item. The craft demands not only technical precision but also a deep artistic sensibility, as each design reflects the creator's unique touch and vision. The art of Lefkaritika is often a collaborative effort, with older generations mentoring younger ones to ensure the tradition lives on.

ROYAL RECOGNITION

In 1953, Lefkara Lace earned international acclaim when a tablecloth embroidered in the village was chosen for the enthronement of Queen Elizabeth II of England. This extraordinary honour highlighted the global recognition of Lefkara Lace as a masterpiece of traditional embroidery. The tablecloth, with its intricate detailing and impeccable craftsmanship, stands as a testament to the enduring charm and quality of Lefkara Lace.

MODERN-DAY LEGACY

Despite the challenges posed by modernisation and mass production, Lefkara Lace continues to thrive, thanks to dedicated artisans who keep this ancient tradition alive. Among them is an 84-year-old embroiderer, whose passion for Lefkaritika remains undiminished. Her dedication reflects the resilience and cultural pride that have kept this art form vibrant.

Lefkara Lace is not just a craft; it is a legacy, a symbol of Cyprus's rich heritage, and an ambassador of its culture to the world. Visitors to Lefkara can witness artisans at work, and many leave with a piece of Lefkara Lace as a treasured memento of their experience.

Exploring the Sea Caves Region in Peyia

A GATEWAY TO RUGGED BEAUTY AND TIMELESS CHARM

Sea Caves is a captivating area located in the Peyia region, on the rugged and picturesque coastline north of Coral Bay. Its natural allure and historical depth make it a destination worth exploring for travellers seeking tranquillity and untamed beauty.

A COASTAL GEM NEAR PAPHOS

The Sea Caves region is situated approximately 15 kilometres from the bustling town centre of Paphos, making it accessible yet far enough to preserve its serene atmosphere. Stretching along the stunning sea front for about 12 kilometres, this area extends westward from Kato Paphos to the small fishing harbour of Agios Georgios.

Agios Georgios and Its Historical Roots

Agios Georgios, a quaint harbour nestled within a breakwater, stands as a peaceful retreat. This location was once the significant Roman settlement named 'Drepanum,' and though its days of prominence have faded, its essence remains captivating. The harbour today is famed for its quiet shingle beach, authentic souvla and fish restaurants that offer a taste of Cyprus's culinary heritage.

Sunset Splendour

One of the most enchanting experiences Sea Caves offers is its dramatic sunsets. From late spring to early winter, as the westerly sun dips below the horizon, the sky bursts into a symphony of vibrant amber and red hues. This spectacle paints the ocean and coastline in breathtaking colours, making it a cherished spot for photographers and romantic souls alike.

GATEWAY TO THE AKAMAS PENINSULA

To the north of Sea Caves lies the Akamas Peninsula, a nature reserve celebrated for its pristine beauty and untamed wilderness. This unspoiled sanctuary is a haven for nature enthusiasts, offering a glimpse into Cyprus's untouched landscapes.

Sea Caves is more than just a geographical location; it is a tapestry of history, natural beauty, and cultural richness. Whether you are drawn by its Roman past, the serenity of its sunsets, or the call of the Akamas Peninsula, Sea Caves promises an unforgettable journey into the heart of Cyprus's coastal charm.

Bus Transportation Within Paphos Tourist Area

The most frequently-used bus routes are:

Bus 615: Kato Paphos - Coral Bay

Bus 610: Kato Paphos - City centre (Municipal Market)

Bus 611: Kato Paphos Seafront

Bus 612: Kato Paphos - Paphos Airport

Bus 603: via Ikarou to Harbour and Karavella bus station (due to move to Tombs of the Kings Road)

A CONVENIENT WAY TO EXPLORE PAPHOS

Buses are the simplest and most reliable mode of transportation for navigating within the Paphos tourist area. Whether you're staying in Kato Paphos or venturing to nearby attractions, the bus system provides a frequent and efficient connection between key destinations.

MAIN ROUTES AND CONNECTIONS

The bus service connects prominent tourist spots, ensuring convenient travel between:

- Kato Paphos
- Tombs of the Kings
- Chloraka
- Kissonerga
- Coral Bay
- Paphos Centre

Additionally, buses operate between Kato Paphos and Paphos Centre, extending their routes to Paphos International Airport, making it easy for travellers to access flights.

TIMETABLE AND FREQUENCY

During the summer season, which spans from April to November, the main bus routes run from 06:30 AM until 00:30 midnight. To plan your trips effectively, you can refer to the timetable for exact arrival and departure times for each route.

TICKETS AND OPTIONS

Tickets can be conveniently purchased as you board the bus directly from the driver. There are multiple ticket options available to suit different travel needs:

- One-way ticket: Ideal for single journeys.
- Day pass: Perfect for unlimited travel within a single day.
- Week pass: Offers unlimited trips for one week during the hours of 06:00 AM to 11:00 PM, making it an economical choice for extended stays.

The week pass stands out as a cost-effective option, ensuring unrestricted travel during operational hours without worrying about individual fares.

ADDITIONAL INFORMATION

For further details regarding routes, timetables, and ticket specifics, you can navigate to the official website for comprehensive guidance on planning your journey.

Exploring Paphos has never been easier or more affordable with its well-organised bus system tailored to meet the needs of tourists and locals alike.

<http://paphosbus.com/index.php/paphos-bus/tickets>

Intercity Buses

Intercity buses connect Paphos directly with Limassol and Nicosia. Tickets are very cheap and the busses run quite frequently. A return ticket from Paphos to Limassol will cost just €5. There are also one-way tickets, week passes and more.

<http://www.intercity-buses.com/?wp=routes-details&category=&article=&article=2F1FB1FB10F3A9447E4F97B2989EA98E>

Limassol Airport Express

Is a shuttle bus service from Larnaca Airport to Pafos via Limassol – 77 77 70 75 and 25 338 767 if calling from abroad 00357 97 77 90 90. Email: info@limassolairportexpress.eu With only €9 per adult and €4 per child (3-12 years) one way (including VAT and luggage), the Limassol Urban Buses Company transfers you from Limassol to Larnaca or Paphos Airport and return with daily schedules, including weekends and public holidays to serve the transportation needs of all travellers.

Stevies Taxis -

info@steviespaphostaxis.com

Is a taxi firm which we use for airport transfers and who give us a discount rate such as €30 from Paphos airport and €110 from Larnaca Airport. If you would like to use this service please let us have your flight details and we can arrange this for you. Stevies Taxis also offer jeep safaris.

Kings Avenue Mall: A Modern Shopping Experience in Paphos

EXPLORING PAPHOS'S SHOPPING AND LEISURE DESTINATIONS

Kings Avenue Mall is a standout destination in the heart of Paphos, Cyprus, designed to cater to both local residents and tourists. Situated conveniently in the central tourist zone of Kato Paphos, the mall boasts a modern architectural style paired with a chic interior layout, making it the most contemporary shopping mall in Cyprus. Its location, near the junction of Temple of the Kings Avenue and St. Paul's Avenue, is just a short walk from the picturesque Paphos harbour and close to significant archaeological sites, adding historical charm to its vibrant shopping environment.

SHOPPING AT KINGS AVENUE MALL

Kings Avenue Mall offers an unrivaled shopping experience with diverse options to suit every visitor's needs. Featuring leading international fashion brands, high-end boutiques, and specialty stores, the mall ensures a well-rounded retail experience. In addition to fashion, visitors will find a variety of services, including world-renowned restaurant chains and cozy cafes, perfect for unwinding after a shopping spree.

Entertainment and Leisure

The entertainment options are equally impressive. A state-of-the-art multiplex cinema with six screens provides the latest films, while an arcade and both indoor and outdoor play areas cater to families and children. These facilities make the mall not just a shopping centre but a hub for leisure and relaxation.

Convenience Features

Kings Avenue Mall is designed with visitor convenience in mind. Free WiFi is available throughout the premises to keep guests connected. For individuals with limited mobility, complimentary wheelchairs are provided, ensuring an inclusive experience for everyone.

NEARBY MARKETPLACES IN PAPHOS

While Kings Avenue Mall offers a modern shopping experience, the city of Paphos is also home to traditional marketplaces that reveal the authentic Cypriot spirit.

Main Shopping Lane and Tourist Marketplace

Parallel to the beach promenade lies the bustling main shopping lane, a haven for tourists. Noteworthy shops like the Cyprus Handicraft Centre, Paphos Open Air Market, and ERA department store (formerly Debenhams) provide an eclectic mix of souvenirs, handicrafts, and everyday items.

Municipal Market: The "Agora"

For a glimpse into local life, the municipal market in the Pafos-Ktima area is a must-visit. Known locally as the "Agora," this covered marketplace is popular among residents for purchasing weekly essentials and fresh produce. Unlike other town markets, the municipally-operated Agora remains open daily except on Sundays, making it accessible throughout the week.

A UNIQUE BLEND OF MODERNITY AND TRADITION

Kings Avenue Mall and the traditional markets of Paphos complement each other wonderfully, offering visitors a taste of both modern leisure and cultural authenticity. Whether you're exploring international brands at the mall or browsing vibrant stalls at the Agora, Paphos delivers a shopping experience that caters to every preference. Make sure to set aside time for both during your stay to fully immerse yourself in the diverse retail and cultural offerings of this historic city.

Shopping hours: In summer shops are open 08.00 -13.00 and 16.00-20.30. In winter opening hours are 08.00 - 13.00 and 14.30 - 18.00 (until 19.00 in spring and autumn).

However many larger department stores and supermarkets, and shops in tourist areas, do not close for lunch. Shops are closed Wednesday and Saturday after

Nightlife and Entertainment in Paphos

A VIBRANT BLEND OF CULTURE, CUISINE, AND CELEBRATION

Paphos, a picturesque coastal city in Cyprus, offers an eclectic mix of nightlife and entertainment options, catering to a wide range of tastes and preferences. Whether you are drawn to fine dining, lively bars, cultural festivals, or traditional music and dance, Paphos has something for everyone.

SEAFRONT DINING AND BARS

The seafront of Paphos is a culinary haven, lined with restaurants and bars serving a diverse array of cuisines. From Indian, Italian, French, and Chinese specialties to local Cypriot delicacies, food lovers are spoilt for choice. Wine bars provide a relaxed atmosphere for connoisseurs, while lively establishments featuring live entertainment create a dynamic energy perfect for socialising. Whether you're in search of a gourmet experience or a casual drink by the sea, the seafront is the heart of Paphos' vibrant dining scene.

CULTURAL EVENTS AND FESTIVALS

Paphos is home to an enriching programme of evening cultural events and festivals that appeal to residents and visitors alike. Among the most celebrated are the Aphrodite operatic festival, held in front of the iconic castle at Paphos Harbour, and Shakespeare performances staged at the ancient Kourion amphitheatre. These events highlight the city's dedication to arts and history, drawing audiences into timeless stories and captivating performances under the starlit sky.

NIGHTLIFE IN RURAL VILLAGES

Venturing into the rural villages surrounding Paphos reveals a more traditional yet equally engaging nightlife. Local tavernas act as community hubs, hosting lively gatherings with traditional music and dances. These intimate settings offer a glimpse into Cypriot culture and hospitality, making for memorable evenings filled with warmth, rhythm, and joy.

CITY NIGHTLIFE

In recent years, Paphos has expanded its nightlife offerings, with several bars, cafes, clubs, and pubs scattered across the city centre and along the seafront. The old town is particularly charming, with its pavement restaurants and bars providing a delightful blend of contemporary and historic ambience. Whether you prefer a laid-back evening sipping cocktails or a night of dancing to the latest beats, the city delivers on all fronts.

THE WAVEDANCER FIREWORKS CRUISE

For a truly unique experience, the Wavedancer Fireworks Cruise stands out as the highlight of the summer season. Guests can enjoy a spectacular fireworks display aboard an elegant yacht deck, making it the best show in town. This unforgettable evening combines luxury, entertainment, and unparalleled views of the Paphos shoreline, ensuring a magical conclusion to any summer day.

Paphos is undoubtedly a destination that thrives on diversity and vibrancy. Its combination of modern attractions and traditional charm ensures that every visitor finds their ideal way to enjoy the city's nightlife and entertainment. Whether you're exploring the historic sites, indulging in world-class cuisine, or dancing the night away, Paphos promises an experience to treasure.

LINKS TO BOAT TRIPS FROM PAPHOS HARBOUR

<https://www.viator.com/tours/Paphos/Nafsika-II-Half-Day-Cruise/d5629-75528P1>

<https://www.viator.com/tours/Paphos/Wave-Dancer-Fireworks-Night-Cruise/d5629-31828P4>

<https://www.viator.com/tours/Paphos/Blue-Lagoon-Akamas-tour-from-Paphos/d5629-157802P3>

<https://www.viator.com/tours/Paphos/Excursion-Blue-Lagoon-from-Paphos/d5629-129623P1>

A holiday you will remember for all the right reasons

Discover Constantia Gardens: Your Perfect Holiday Retreat

COMFORT, CONVENIENCE, AND COASTAL CHARM

Meeting customer expectations is at the heart of what Constantia Gardens strives to achieve. Offering a harmonious blend of convenience and comfort, these self-catering apartments are perfectly suited for individuals, couples, and families seeking a serene yet vibrant holiday experience in Paphos.

EXCEPTIONAL APARTMENTS DESIGNED FOR RELAXATION

Constantia Gardens features a variety of air-conditioned first-floor and ground-floor self-catering apartments, available in both 2-bedroom and 1-bedroom layouts. Each unit is thoughtfully furnished with comfortable furniture and equipped with all the modern amenities needed to ensure a relaxing stay. Ceiling fans complement the air conditioning, offering additional comfort during warmer days.

To enhance your convenience, every apartment is equipped with security safes, hairdryers, complimentary shampoo and body wash, and free WiFi. Guests can also enjoy access to a communal pool, ideal for unwinding after a day of exploration.

PRIME LOCATION WITH UNMATCHED ACCESSIBILITY

Constantia Gardens is conveniently situated just a 5-minute walk from one of the island's picturesque beaches. Guests can easily take a short stroll along the nearby promenade to reach the bustling harbour area. This lively district is a treasure trove of bars, cafes, and restaurants where you can savour delectable local food and drinks amidst a vibrant atmosphere.

For those wishing to explore further afield, Bus 603 runs along Ikarou Street past the apartments, connecting you to the Harbour and Karavella Bus Station (soon to be relocated to Tombs of the Kings Road). This convenient transport option allows you to experience more of the region at your leisure.

A CULINARY HAVEN WITHIN REACH

Constantia Gardens is surrounded by excellent dining options that cater to all tastes. Popular spots like 'Tea For Two' on Poseidonos Street and 'Pinquino' offer delightful menus for breakfast, lunch, and dinner. In fact, the area boasts a wide variety of cafes and restaurants, all offering good value meals and all within walking distance from the apartments.

COMPREHENSIVE AMENITIES FOR YOUR CONVENIENCE

Essential amenities are easily accessible from Constantia Gardens, including supermarkets, souvenir shops, fruit markets, and more—all just a short walk away. Whether you're looking to stock up on groceries or find the perfect keepsake, everything you need is close at hand.

ADDITIONAL BENEFITS FOR A SEAMLESS STAY

Constantia Gardens offers private parking on-site, allowing guests the convenience of secure vehicle storage. For water enthusiasts, the area provides easy access to a variety of water sports, ensuring you can make the most of Paphos's coastal charm and aquatic adventures.

Our apartments...

Apartment 103 first floor two bedroom apartment

Two-Bedroom Apartment with Modern Amenities

This two-bedroom apartment offers a blend of modern comfort and stylish design, making it an ideal choice for families, couples, or small groups seeking a relaxing getaway.

INTERIOR FEATURES

The apartment boasts a fully air-conditioned interior, ensuring a comfortable stay regardless of the season. It opens up to a beautifully furnished balcony that offers serene pool views, providing the perfect spot to unwind and enjoy the atmosphere.

Inside, the apartment features two spacious bedrooms designed for restful sleep, along with a modern bathroom equipped with a shower. The open-plan layout connects the kitchen, dining, and seating areas seamlessly, creating a welcoming space for cooking, dining, and socialising.

Fully Equipped Kitchen

The kitchen is a standout feature, complete with everything you need for a self-catering stay. It includes:

- A stovetop for cooking your favourite meals
- A refrigerator to keep your groceries fresh
- Kitchenware, including pots, pans, and utensils
- An oven for baking or roasting

The kitchen also includes a dining area, making it convenient to enjoy meals with a touch of home comfort.

Entertainment and Relaxation

The living area is designed for relaxation, featuring a comfortable seating arrangement and a flat-screen TV, perfect for movie nights or catching up on your favourite shows.

Step outside onto the balcony, which offers a delightful swimming pool view. This tranquil outdoor space is perfect for sipping your morning coffee, reading a book, or simply soaking in the fresh air.

Additional Amenities

For added convenience, the apartment includes a washing machine, making it easy to keep your clothes clean during extended stays.





Apartment 104 first floor one bedroom

Apartment Description

Nestled on the first floor, this inviting apartment welcomes you with a main entrance that opens into a cosy hallway, setting the tone for the comfortable living spaces ahead. The open-plan lounge, dining, and kitchen area is thoughtfully designed to enhance both functionality and style. Patio doors lead from the lounge onto a charming sun terrace, providing a serene view of the swimming pool—a perfect spot for relaxation or enjoying a morning coffee.

The lounge is furnished with a sofa and two armchairs, creating a cosy space for unwinding or entertaining guests. Adjacent to the lounge, the dining area boasts a table with seating for four, offering a wonderful setting for shared meals. The modern kitchen is conveniently positioned between the lounge and dining areas, seamlessly integrating the spaces while ensuring practicality for culinary endeavours.

A short hallway connects the living area to the private quarters of the apartment. The bedroom is a tranquil retreat, fitted with a comfortable double bed to ensure restful nights. Completing the layout is the bathroom, equipped with a bath featuring a shower—ideal for relaxing soaks or refreshing showers.

This apartment embodies a harmonious blend of comfort, functionality, and elegance, making it an ideal choice for those seeking a tranquil yet stylish living environment.



Apartment 105 first floor one bedroom apartment

Apartment Description

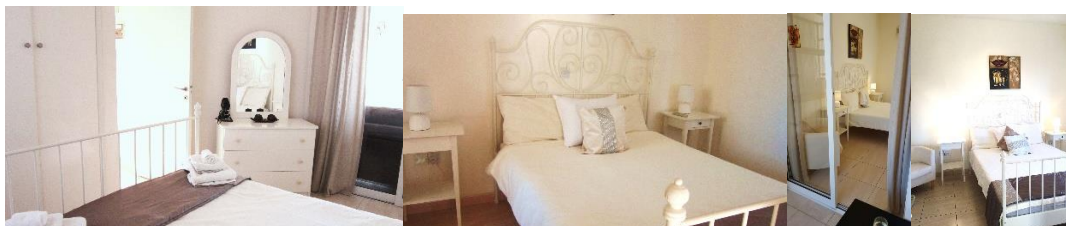
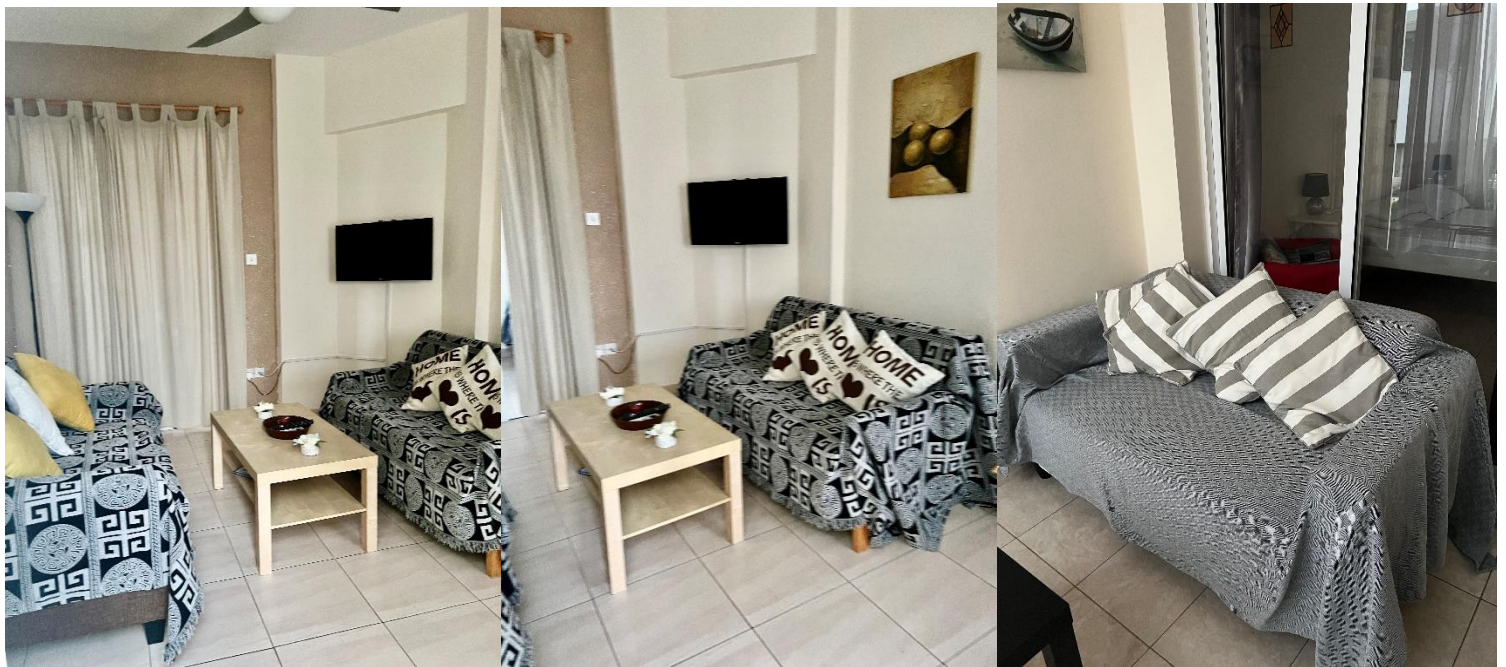
Nestled on the first floor, this inviting apartment welcomes you with a main entrance that opens into a cosy hallway, setting the tone for the comfortable living spaces ahead. The open-plan lounge, dining, and kitchen area is thoughtfully designed to enhance both functionality and style. Patio doors lead from the lounge onto a charming side sun terrace, a perfect spot for relaxation or enjoying a morning coffee.

There is an extension to the lounge with a sofa with a sliding door and view of swimming pool.

The lounge is furnished with 2 sofas creating a cosy space for unwinding or entertaining guests. Adjacent to the lounge, the dining area boasts a table with seating for four, offering a wonderful setting for shared meals. The modern kitchen is conveniently positioned between the lounge and dining areas, seamlessly integrating the spaces while ensuring practicality for culinary endeavours.

A short hallway connects the living area to the private quarters of the apartment. The bedroom is a tranquil retreat, fitted with a comfortable double bed to ensure restful nights. Completing the layout is the bathroom, equipped with a bath featuring a shower—ideal for relaxing soaks or refreshing showers.

This apartment embodies a harmonious blend of comfort, functionality, and elegance, making it an ideal choice for those seeking a tranquil yet stylish living environment.



Apartment 4 ground floor one bedroom

Apartment Description

COMFORTABLE AND CONVENIENT GROUND FLOOR LIVING

This charming apartment is located on the ground floor, offering convenient access and a pleasant living environment. The layout is designed to maximise both space and functionality, ensuring a seamless blend of comfort and modernity.

Open Plan Living Area

The main entrance opens into an inviting open-plan lounge, dining area, and kitchen. The lounge is furnished with two cosy sofas, providing a comfortable space for relaxation. Adjacent to the lounge, the dining area features a modern table and chairs, accommodating up to four guests. The kitchen is conveniently positioned between these two areas, boasting modern amenities and a practical layout.

Sun Terrace and Pool View

Patio doors from the living area lead to a small sun terrace, which offers lovely views of the communal swimming pool. This outdoor space is ideal for enjoying morning coffee or unwinding after a day of activities.

Private Bedroom and Terrace

A small hallway connects the living area to the bedroom and bathroom. The bedroom is furnished with a double bed and other essential furnishings, ensuring comfort and style. Patio doors provide access to another sun terrace, which is enclosed by mature hedging for privacy, offering a tranquil retreat.

Modern Bathroom

The bathroom features a bath with a shower, catering to both relaxing soaks and quick refreshes. The contemporary design complements the overall apartment aesthetic.

The apartment is equipped with solar-powered heating, demonstrating a commitment to environmentally friendly living. In case of prolonged cloudy days, there is a backup immersion system available, ensuring uninterrupted comfort.



Apartment 5 ground floor one bedroom apartment

Apartment Overview

This charming ground-floor apartment combines comfort, convenience, and modern amenities in one beautiful package. Designed with relaxation in mind, it offers a blend of tasteful décor and practicality, ensuring a delightful stay for its residents.

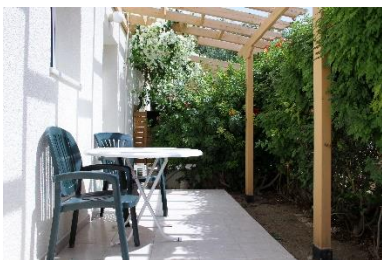
- **Private On-Site Parking:** Enjoy the convenience of secure, dedicated parking facilities.
- **Communal Pool:** A sparkling pool is available for all residents, creating a perfect spot to unwind and cool off on sunny days.

The property is equipped with state-of-the-art air-conditioning throughout, providing both cool and warm air as needed. Ceiling fans complement this to ensure maximum comfort in all rooms.

- **Living Spaces:** The apartment boasts a lounge area, a modern kitchen, and a dining area with seating for four. The layout is both functional and stylish.
- **Bedroom:** The bedroom features a double bed, essential furnishings, and patio doors leading to a private sun terrace enclosed by mature hedges for added privacy.
- **Bathroom:** A well-appointed bathroom includes a bath with a shower for your convenience.

The property offers a delightful sun terrace overlooking the communal pool, making it an ideal spot for enjoying morning coffee or evening relaxation.

This apartment incorporates solar-powered heating for an eco-friendly approach. A backup immersion heater is also available for those rare occasions when additional heating might be required.



Apartment 6 ground floor two bedroom

Apartment Description

GROUND FLOOR TWO-BEDROOM APARTMENT

This charming two-bedroom apartment is located on the ground floor, offering both convenience and a welcoming layout. Upon entering through the main entrance, you step into an open-plan space that seamlessly combines the lounge, dining area, and kitchen. Patio doors from this area lead out onto a delightful small sun terrace, perfect for relaxing, while providing a stunning view of the communal swimming pool.

The lounge is furnished with two comfortable sofas, creating an inviting atmosphere for relaxation or socialising. Adjacent to the lounge, the dining area is equipped with a table and chairs to accommodate four people, making it ideal for shared meals. The modern kitchen is strategically positioned between the lounge and dining area, ensuring ease of use and practicality.

A short hallway leads to the two bedrooms and the bathroom. The main bedroom features a double bed and is thoughtfully furnished to meet your needs. The second bedroom offers two single beds and is equally well-equipped with essential furnishings, making it suitable for children or guests. The bathroom is modern and includes a bath with an overhead shower, catering to both relaxation and convenience.

This property is enhanced by private on-site parking, ensuring security and peace of mind. Additionally, residents can enjoy access to a communal pool, perfect for leisure and recreation.

Ideal for couples, small families, or vacationers, this apartment combines comfort, practicality, and scenic surroundings to create a wonderful living experience.



Apartment 106 first floor one bedroom apartment

Apartment Description

GROUND FLOOR TWO-BEDROOM APARTMENT

This charming two-bedroom apartment is located on the ground floor, offering both convenience and a welcoming layout. Upon entering through the main entrance, you step into an open-plan space that seamlessly combines the lounge, dining area, and kitchen. Patio doors from this area lead out onto a

delightful small sun terrace, perfect for relaxing, while providing a stunning view of the communal swimming pool.

The lounge is furnished with two comfortable sofas, creating an inviting atmosphere for relaxation or socialising. Adjacent to the lounge, the dining area is equipped with a table and chairs to accommodate four people, making it ideal for shared meals. The modern kitchen is strategically positioned between the lounge and dining area, ensuring ease of use and practicality.

A short hallway leads to the two bedrooms and the bathroom. The main bedroom features a double bed and is thoughtfully furnished to meet your needs. The second bedroom offers two single beds and is equally well-equipped with essential furnishings, making it suitable for children or guests. The bathroom is modern and includes a bath with an overhead shower, catering to both relaxation and convenience.

This property is enhanced by private on-site parking, ensuring security and peace of mind. Additionally, residents can enjoy access to a communal pool, perfect for leisure and recreation.

Ideal for couples, small families, or vacationers, this apartment combines comfort, practicality, and scenic surroundings to create a wonderful living experience.



Apartment 2 ground floor one bedroom

One-Bedroom Apartment Description

COMFORTABLE LIVING WITH MODERN AMENITIES

This stylish one-bedroom apartment is designed to provide a relaxing and convenient living experience. Perfect for individuals or couples, the apartment boasts a thoughtfully crafted interior along with a range of amenities to cater to all your needs.

- Air-conditioning: Ensures a comfortable indoor environment, whatever the weather.

- **Outdoor Spaces:** Opens to a furnished balcony or patio with captivating pool views, perfect for enjoying a morning coffee or unwinding in the evening.
- **Kitchen:** Fully equipped and practical, featuring a stovetop, refrigerator, kitchenware, and oven. The space includes a dining area, ideal for home-cooked meals.
- **Living Area:** A cozy seating area furnished with a flat-screen TV, creating a perfect spot for relaxation or entertainment.
- **Bedroom:** Includes a tranquil one-bedroom setup that fosters restful nights.
- **Bathroom:** Modern and efficient, featuring a shower for refreshment and convenience.
- **Terrace:** Offers serene garden views, providing a beautiful retreat within the property.
- **Laundry Facilities:** Equipped with a washing machine to streamline your daily chores.

This apartment strikes a balance between functionality and comfort, ensuring residents can enjoy both tranquil leisure moments and practical everyday activities. Its array of amenities, paired with scenic views and modern furnishings, make it an excellent choice for those seeking a harmonious living space.



Booking Terms and Payment Policy

DEPOSIT REQUIREMENTS

For bookings made directly with us, a non-refundable deposit of 25% of the total amount is required to secure your reservation. This deposit guarantees your booking and is non-refundable under any circumstances.

BALANCE PAYMENT

- For reservations where the arrival date is more than three weeks away, the remaining balance must be paid in full 3 weeks prior to your arrival.
- If your arrival date is within three weeks at the time of booking, full payment is required immediately via bank transfer.

PAYMENT METHODS

All payments, including the deposit and the balance, must be made by bank transfer. Please ensure timely payment to avoid any booking complications.

REFUND POLICY

The deposit is strictly non-refundable. By confirming your booking, you acknowledge and accept these terms.

Thank you for choosing to book with us. We look forward to welcoming you!

HOUSE MANUAL

Exceptional Guest Services for a Memorable Stay

At our properties, we take pride in ensuring that everything is perfectly prepared for our guests' arrival. Each property is meticulously cleaned and equipped with a thoughtful welcome pack containing tea, coffee, milk, biscuits, and water, ready to greet you as you step through the door.

PERSONALIZED SERVICE FOR YOUR COMFORT

Our unique service is designed to provide guests with everything they need to enjoy a relaxing and stress-free holiday. We are committed to delivering high standards across all aspects of our services, always with a personal touch.

Our friendly and professional staff are more than happy to assist with any enquiries or provide advice to enhance your stay. For families traveling with young children, we offer cots and highchairs to accommodate their needs, ensuring everyone feels at home.

DEDICATED MANAGEMENT SUPPORT

Our Complex Manager is available throughout your stay to provide the care and attention you deserve. While we endeavour to personally welcome you upon arrival, we understand that travel schedules can vary. In such cases, we make prior arrangements for you to collect your keys from a secure key safe box with a unique code, ensuring convenient and seamless access to your accommodation.

OPEN COMMUNICATION

We believe in maintaining open and ongoing communication with our guests. Contact details are shared upon booking, inviting you to reach out at any time with questions or requests. Whether it's assistance with your stay or any specific needs, our team is here to help.

From the moment you arrive until the end of your holiday, we are committed to making your experience as enjoyable and memorable as possible. Let us take care of the details, so you can focus on creating cherished memories.

Dining in Paphos: A Culinary Delight

DISCOVER THE BEST RESTAURANTS FOR EVERY OCCASION

Paphos, a gem on the southwestern coast of Cyprus, is not just renowned for its ancient ruins and stunning beaches, but also for its vibrant culinary scene. Whether you're a food enthusiast or someone looking for an unforgettable night out, Paphos offers a plethora of dining options that cater to every palate and budget.

HIGH-QUALITY CUISINE AT GREAT VALUE

One of the hallmarks of Paphos's restaurant scene is the combination of exquisite flavours and excellent value for money. From traditional Cypriot taverns to contemporary international dining spots, Paphos ensures that every meal is a memorable experience. Whether you're indulging in a lavish dinner or enjoying

a casual lunch, you'll find a wide selection of restaurants offering dishes prepared with fresh, local ingredients.

TRADITIONAL CYPRIOT FARE

For those looking to immerse themselves in local culture, the traditional Cypriot taverns are a must-visit. These establishments often feature meze, a delightful array of small dishes that showcase the rich flavours of Cyprus. Expect a medley of grilled meats, fresh seafood, cheeses, olives, and vegetables, accompanied by warm, crusty bread and local wines. The atmosphere in these taverns is often lively, with welcoming hospitality and occasional live music adding to the charm.

INTERNATIONAL CUISINE

Paphos is a melting pot of cultures, and this is reflected in its diverse food offerings. You can find everything from Italian trattorias and sushi bars to Indian curry houses and French bistros. Whether you're craving Asian fusion or Mediterranean classics, Paphos's international restaurants deliver top-notch dishes that rival those in cosmopolitan cities.

SEAFOOD DELIGHTS

Being a coastal city, Paphos boasts some of the freshest seafood you'll ever taste. Many restaurants specialise in seafood dishes, serving everything from grilled octopus and calamari to succulent prawns and freshly caught fish. Pair these dishes with local white wines for an authentic culinary experience by the sea.

PERFECT VENUES FOR EVERY MOOD

Whether you prefer a romantic candlelit dinner overlooking the Mediterranean or a family-friendly spot with a cosy vibe, Paphos has it all. Beachfront restaurants offer dreamy views as you savour your meal, while hidden gems in the old town provide an intimate setting steeped in history. For a vibrant night out, head to the bustling harbour area where restaurants combine great food with energetic ambiance.

SWEET TREATS AND CAFÉS

After a hearty meal, don't forget to explore Paphos's delightful dessert scene. From traditional Cypriot pastries like baklava and loukoumades to creamy gelato and artisan cakes, the city's cafés and dessert bars are perfect for satisfying your sweet tooth. Pair your treat with a cup of Cyprus coffee or herbal tea to round off your culinary journey.

WHY PAPHOS IS A FOOD LOVER'S PARADISE

Paphos shines as a destination not only for its historical and natural attractions but also for its exceptional dining options. The blend of tradition and modernity creates a dynamic culinary scene that keeps visitors coming back for more. Whether you're a connoisseur of fine dining or a lover of comfort food, Paphos promises gastronomic experiences that delight and inspire.

PLAN YOUR VISIT

No matter your preferences, Paphos has something to offer for everyone. Dive into the culinary treasures of this enchanting city and prepare for a feast for both your taste buds and your soul. For more insights, recommendations, and details about Paphos's restaurants, please check our website.

www.constantiagardensapartments.com

The Delight of Cypriot Meze: A Culinary Journey

A CELEBRATION OF CYPRIOT CULTURE THROUGH FOOD

Cypriot meze, a collection of small dishes, is more than just a meal—it is a cultural experience that brings people together around a table laden with flavours, aromas, and textures. Whether served as a main course or an elaborate first course, meze is a hallmark of the Cypriot dining tradition, offering a feast filled with conviviality and variety.

WHAT IS CYPRIOT MEZE?

The term "meze" originates from the Middle Eastern word "mazza," which translates to "taste" or "snack." In Cyprus, meze has evolved into a culinary art form, showcasing the richness and diversity of the island's gastronomy. It is often served as a leisurely meal meant to be savoured over hours, accompanied by good company and, typically, local wine or zivania, a traditional Cypriot spirit.

THE STRUCTURE OF A MEZE MEAL

A Cypriot meze is not just a random assortment of dishes. It adheres to a set pattern that unfolds like a story, starting with lighter flavours and gradually building up to more robust ones. This progression ensures that diners experience a harmonious balance of tastes.

Opening the Feast

The journey begins with simple yet flavourful appetisers such as olives, tahini, hummus, and taramasalata—a creamy dip made from fish roe. These are typically accompanied by freshly baked pita or village bread, perfect for dipping and spreading. Crisp salads featuring tomatoes, cucumbers, and onions dressed with olive oil and lemon juice often join the table, providing a refreshing counterpoint.

Vegetable and Egg Dishes

As the meal continues, vegetable-based dishes and egg preparations come next. Grilled aubergines, stuffed courgettes, or peperouni (spicy peppers) highlight the use of fresh, local produce. Eggs may appear in the form of scrambled eggs with tomato (strapatsada) or omelettes filled with herbs and cheese, enriching the variety.

The Transition to Meat and Fish

The highlight of a Cypriot meze is undoubtedly the arrival of more substantial dishes featuring meat or fish. Grilled halloumi cheese often acts as a bridge to these courses. Meat dishes include souvlaki (grilled meat skewers), keftedes (meatballs), and sheftalia (traditional Cypriot sausages). Fish mezes may feature grilled octopus, calamari, or fresh sardines, showcasing the island's maritime heritage.

VEGETARIAN, MEAT, OR FISH: A PERSONALISED FEAST

One of the most appealing aspects of Cypriot meze is its adaptability. Vegetarian mezes offer a wealth of choices, from hearty lentil salads to stuffed vine leaves (koupepia). Meat lovers can indulge in a variety of grilled and roasted options, while seafood enthusiasts are treated to the best of the Mediterranean. This flexibility ensures that everyone at the table finds something to enjoy.

THE SOCIAL ASPECT OF MEZE

Cypriot meze is as much about the experience of sharing as it is about the food itself. It is customary for dishes to be served in small portions, encouraging conversation and communal dining. The act of passing plates, sharing bites, and discussing flavours creates a warm and convivial atmosphere.

THE LEGACY OF MEZE IN CYPRIOT CULTURE

Meze embodies the spirit of Cyprus—a fusion of Mediterranean and Middle Eastern influences that reflect the island's historical connections and cultural heritage. Eating meze is not just about satisfying hunger; it is a celebration of life, tradition, and the joy of togetherness.

ENHANCING YOUR MEZE EXPERIENCE

For those visiting Cyprus, experiencing a meze meal at a traditional taverna is a must. Pairing the dishes with local beverages such as Commandaria, a sweet dessert wine, or zivania enhances the authenticity of the experience. Don't forget to savour the slow pace of the meal, allowing the flavours and ambiance to sink in.

Summary of Popular Supermarkets

- Alpha Mega: Located at Apostolos Pavlou Avenue 52, 8046.
- Papantoniou Supermarket: Near the harbour, 2 minutes by car or 12 minutes on foot.
- Garden of Eden: 2 minutes by car or 10 minutes on foot.
- Lidl: Situated on Tombs of the Kings Road.
- POP LIFE: Offers permanent low prices and a great variety of consumer goods. Located 6 minutes on foot from the apartment.

Beaches in Paphos: A Coastal Haven

EXPLORING THE STUNNING SHORES OF PAPHOS

Paphos, a jewel on the southwestern coast of Cyprus, boasts an expansive coastline that offers a wide variety of beaches to suit every taste. Whether you're searching for tranquil secluded bays, lively resorts brimming with activity, sandy stretches perfect for sunbathing, or rocky coves ideal for exploring, Paphos has it all. The beaches here are renowned for their beauty, accessibility, and amenities, making them a favourite destination for locals and tourists alike.

PAPHOS MUNICIPAL BATHS

A beloved spot among locals, Paphos Municipal Baths Beach is situated in the bustling tourist area of Kato Paphos. Just a few metres off Poseidonos Avenue and 300 metres from Paphos Castle, this sandy beach is easily accessible, with signs leading the way to its facilities. The beach is characterised by a wooden deck and sand, offering a serene yet lively atmosphere. Nearby, you'll find numerous restaurants and accommodation options, ensuring visitors have everything they need for a comfortable and enjoyable experience.

FAROS BEACH

Located at the west end of Paphos, Faros Beach is a sandy shore offering an exceptional view of the surrounding landscape. The beach is well sign-posted, making access easy for visitors. Faros also features a beach volleyball court, adding an element of fun and activity for sports enthusiasts. Nearby accommodation facilities further enhance its appeal, making it an excellent choice for both relaxation and recreation.

VRYSOUDIA BEACH

Vrysoudia Beach captivates visitors with its stunning scenery and magnificent views of Paphos harbour and castle. This sandy beach is conveniently located near hotels in the tourist area of Kato Paphos, off Poseidonos Avenue. Clear signage ensures easy navigation to its facilities, which include nearby restaurants and accommodation options. The magical views and tranquil atmosphere make Vrysoudia Beach a perfect spot for unwinding and enjoying the natural beauty of Paphos.

CORAL BAY

For those seeking a resort-style beach experience, Coral Bay in Peyia is a must-visit destination. Situated just 8 miles north of Paphos, Coral Bay is nestled amidst colourful banana plantations and vineyards, creating a picturesque journey to its shores. This expansive 600-metre crescent-shaped beach, framed by limestone headlands, boasts soft sand and calm, safe waters, making it ideal for families. Sunbeds, parasols, water sports, beach bars, and restaurants cater to visitors of all ages, ensuring a lively and enjoyable outing. Scuba diving is particularly popular here, with opportunities to explore the underwater world adding an adventurous twist to the beach experience.

MUNICIPAL BEACH

Municipal Beach, another favourite among locals, is a blue-flag sandy beach located just a few minutes' walk from many residential areas and accommodations. Its designation as a blue-flag beach highlights its cleanliness, safety, and quality, ensuring a pristine environment for visitors. Offering easy access, Municipal Beach is a perfect spot for both relaxation and recreational activities.

Exploring the Natural Wonders of Western Cyprus

A JOURNEY THROUGH CORAL BAY, AKAMAS PENINSULA, LARA BEACH, CEDAR VALLEY, AND TROODOS MOUNTAINS

Cyprus, a jewel in the Mediterranean, offers countless treasures for those who seek scenic landscapes, natural beauty, and ecological importance. From pristine sandy shores to tranquil mountainous retreats, the western part of Cyprus is a haven for explorers and nature enthusiasts alike. This region boasts some of the island's most iconic sites, including Coral Bay, Akamas Peninsula, Lara Beach, Cedar Valley, and the majestic Troodos Mountains.

CORAL BAY: THE SANDY RETREAT

To the west lies Coral Bay, renowned as one of the finest sandy beaches in the region. Nestled in Pegeia, this beach is not only accessible by all means of transport but also serves as a gateway to the unspoiled Akamas Peninsula. Coral Bay offers visitors the opportunity to unwind amidst golden sands and crystal-clear waters, making it a popular choice for families and sun-seekers alike. The warm Mediterranean embrace creates an ideal setting for swimming, water sports, or simply soaking in the serene atmosphere.

THE AKAMAS PENINSULA: A SANCTUARY OF ECOLOGY

Adjacent to Coral Bay is the Akamas Peninsula, a sprawling natural reserve covering approximately 230 square kilometres. As the westernmost tip of Cyprus, Akamas is celebrated for its untouched beauty and ecological significance. Unlike many developed areas of the island, this region remains blissfully unaffected by human expansion, ensuring its precious biodiversity thrives.

The uniqueness of Akamas lies in its ecology, which stands out not only in Cyprus but across the Mediterranean. The area is home to a diverse range of flora and fauna, contributing to its status as a vital ecological hotspot. Visitors can explore its winding trails, discover hidden coves, and admire the diverse landscapes that include rocky coasts, lush greenery, and dramatic cliffs.

LARA BEACH: THE TURTLE HAVEN

A short drive from Coral Bay leads to Lara Beach, nestled within the Akamas National Park. Lara Beach is a secluded and truly idyllic destination, where untouched sands and turquoise waters invite tranquility. However, its primary claim to fame lies in the Lara Bay Turtle Conservation Station.

This small beach is a sanctuary for endangered turtle species, particularly *Chelonia mydas*, also known as the green turtle. During nesting season, up to 50 turtle nests may be found along the beach, warranting cautious steps from visitors. Signs and small open-air cylinders mark the areas suspected of housing turtle eggs, ensuring their protection. The conservation station offers supervised visits, making it an excellent educational experience for families. Children can not only witness the turtles up close but also learn about their delicate ecosystem and the importance of conservation efforts.

CEDAR VALLEY: SERENITY IN THE MOUNTAINS

Heading northward by car leads to Cedar Valley, a hidden gem tucked away in the Paphos Forest. Located along the route from the Monastery of Kykkos, Cedar Valley is an ideal destination for nature lovers seeking tranquillity and seclusion. Known for its serene atmosphere, this mountainous location is aptly named for its abundance of cedars.

With over 200,000 cedars adorning the valley, Cedar Valley offers a breathtaking visual experience that captivates all who visit. Whether you choose to hike its trails, picnic amidst the trees, or simply enjoy the

cool mountain air, Cedar Valley is a haven for those seeking beauty and serenity. Cyprus is renowned for its network of nature paths, and Cedar Valley stands out as one of the most rewarding destinations for hikers.

THE TROODOS MOUNTAINS: MAJESTIC PEAKS AND SCENIC ROUTES

Further north, Cyprus beckons adventurers to the Troodos Mountains, a majestic range that dominates the island's skyline. Known for their verdant landscapes and charming villages, the Troodos Mountains offer an escape into nature like no other. Cedar Valley is one of the many treasures nestled within this range, but the Troodos Mountains also feature other landmarks, such as the picturesque Kykkos Monastery.

Visitors can choose between modern highways or the old coast road to reach these destinations. While the highway offers efficiency, the coast road provides a scenic route peppered with small villages, each brimming with charm and character. These villages are ideal for experiencing authentic Cypriot culture, sampling traditional cuisine, and meeting the locals who embody the island's hospitality.

Exploring Cyprus: Mythology, History, and Nature

FROM APHRODITE'S BIRTHPLACE TO FLAMINGOS' WINTER HAVEN

A drive along the stunning coastline of Cyprus offers a journey through ancient history, captivating mythology, and striking natural beauty. Among the many famed sites is **Aphrodite's Birthplace**, located in the enchanting area of "Petra tou Romiou." This location, steeped in mythology, is said to be the place where Aphrodite, the goddess of love and beauty, emerged from the waves. The Greek name "Petra tou Romiou" translates to "the Rock of the Greek" and is tied to the legendary Byzantine hero **Digenis Akritas**. According to local lore, this hero displayed extraordinary strength, holding back Saracen Arab invaders. In one legendary feat, he grasped the Kyreneia mountain range with one hand, shaping the **Pentadaktylos** (Five Finger Mountain), while using the other to hurl a massive rock into the sea, thwarting the attackers. This very rock remains in the sea, giving the region its name and adding a mythical allure to the coastline.

THE APHRODITE CULTURAL ROUTE

The **Aphrodite Cultural Route** is a must for history enthusiasts, winding through sites and monuments that span from prehistoric times to the Middle Ages. While the majority of the remains date to the Roman period, they offer a vivid glimpse into the rich history of the island. One of the highlights of this route is the collection of marvellous **mosaic floors** from four Roman villas, which form the epicentre of the archaeological treasures. These intricately designed mosaics are a testament to the artistic and cultural sophistication of the Roman era.

Besides the villas, the route includes other monumental sites such as:

- The **Asklipieion**, an ancient healing centre dedicated to Asclepius, the god of medicine.
- The **Odeion**, a small amphitheatre used for musical and theatrical performances.
- The **Agora**, the marketplace that served as a hub of social and economic activity.
- The **"Saranta Kolones" Fortress**, also known as the "Forty Columns," which offers an imposing presence.
- The **"Limeniotissa" Ruins**, remnants of an early Christian basilica.

- The **"Tombs of the Kings"**, an archaeological marvel featuring burial sites carved into rock, dating back to the Hellenistic and Roman periods.

THE BATHS OF APHRODITE AND RIGENA'S TOWER

The route also begins and ends at the **Baths of Aphrodite**, a site imbued with mystical charm. Following this path, you will encounter the ruins of **Rigena's Tower**, said to be linked to the mythical queen of Cyprus. The trail ascends to the top of the mountain, where visitors are rewarded with a breath-taking view of the Akamas Peninsula's endless blue expanse. The experience is a harmonious blend of myth, history, and the timeless beauty of nature.

NATURAL WONDERS: FLAMINGOS AT LARNACA'S SALT LAKE

Beyond its historical and mythological riches, Cyprus is a haven for nature lovers. During the winter months, **flamingos** grace the lakes of Cyprus, an awe-inspiring sight that adds a layer of natural wonder to the island. These elegant birds navigate across continents by sensing the Earth's magnetic fields and relying on the sun and stars' apparent positions to guide their journey—a truly fascinating example of the marvels of the animal kingdom.

One of the best places to witness this spectacle is **Larnaca's Salt Lake**, where the flamingos create a vivid display of pink against the reflective, shimmering water. This seasonal phenomenon is a reminder of the delicate interplay between nature and the environment, making Cyprus a destination that captivates both the intellect and the soul.

Paphos: The Perfect Family Retreat

A BLEND OF ADVENTURE, RELAXATION, AND CULTURAL RICHES

Nestled on the southwest coast of Cyprus, Paphos is a gem of a destination that offers something for everyone, especially families seeking the perfect blend of adventure, relaxation, and cultural exploration. With its sun-kissed sandy beaches, captivating watersports, and a plethora of land-based activities, Paphos delivers an unforgettable holiday experience that caters to every interest and age group.

BEACHES AND WATERSPORTS GALORE

For families, the sandy beaches of Paphos serve as a natural playground. The golden shores are perfect for children to build sandcastles while parents bask under the Cypriot sun. Adventurous spirits will find a wide array of watersports on offer, from paddleboarding and jet skiing to snorkeling and diving in the crystal-clear waters of the Mediterranean. Beyond the shores, boat trips allow visitors to explore hidden coves, sea caves, and even embark on dolphin-spotting excursions.

FUN AT PAPHOS APHRODITE WATERPARK

No family trip to Paphos is complete without a visit to the Paphos Aphrodite Waterpark. Renowned for its thrilling attractions, the waterpark features white-knuckle waterslides, wave pools, fast and lazy rivers, and one of Europe's largest family rafting rides. Whether you're a thrill-seeker or someone who enjoys a more laid-back pace, this waterpark is guaranteed to be a hit with both kids and "big kids" alike. For more information, you can visit their website: [URL].

EXPLORING BEYOND PAPHOS: ADVENTURES WITH A CAR

To truly appreciate all that Cyprus has to offer, consider hiring a car. The freedom to explore at your own pace is an invaluable part of the experience. A scenic drive from Paphos to Larnaca takes just 1 hour and 30 minutes, offering a host of opportunities to discover other resorts and hidden treasures along the way. The roads are well-maintained, making driving both accessible and enjoyable.

Out of the way beaches, Roman ruins, and authentic tavernas await discovery. Each stop reveals another layer of Cyprus's rich cultural and natural tapestry. The island is also dotted with historic and scenic villages where the pace of life slows down, allowing visitors to reconnect with the simple pleasures of clean air, warm hospitality, and traditional Cypriot living.

The Charms of Cypriot Villages

Cyprus is as much about its villages as it is about its cities. Hundreds of idyllic villages welcome weary travelers seeking calm and tranquility. These picturesque locales offer a glimpse into a way of life that seems untouched by the hustle and bustle of modern urban living.

Village squares paved with cobblestones, folk architecture, and traditional cafes create an ambiance of timeless charm. Guests can enjoy wonderful country inns and sample the products of excellent local wineries. The villages of Omodos and Lania, in particular, are famed for their wine and are well worth a visit.

HISTORICAL AND SCENIC HIGHLIGHTS

In the heart of Paphos city, a climb up the steps to Mousallas Hill provides stunning panoramic views of the entire city below. Known to the locals simply as Mousallas, this vantage point is a must-visit for photography enthusiasts and anyone looking to take in the essence of Paphos. While there, visitors can relax at the Mews Café and Restaurant, which offers a delightful break with its inviting ambiance and delectable menu.

TROODOS MOUNTAINS: A WINTER WONDERLAND

For those visiting during the winter months, the Troodos Mountains offer a completely different kind of adventure. As the largest mountain range in Cyprus, it turns into a skiing haven when snow blankets its peaks. Along the way, the journey to Troodos is as rewarding as the destination itself. Stops at villages like Omodos and Lania add charm to the trip, with their winding streets, traditional homes, and, of course, their renowned wines.

A FAMILY-FRIENDLY PARADISE

Paphos is a destination that perfectly balances relaxation and adventure, making it an ideal retreat for families. Whether you're soaking up the sun on its beautiful beaches, enjoying the thrill of waterslides, or

exploring the historic and cultural gems of the island, Paphos promises a holiday filled with memories that will last a lifetime.

So pack your bags, rent a car, and get ready to uncover the magic of Paphos. From its stunning landscapes and rich history to its vibrant activities and warm hospitality, this corner of Cyprus is waiting to welcome you and your family.

Discover Golfing and Water Sports in Cyprus

UNVEILING A PARADISE FOR SPORTS ENTHUSIASTS

Cyprus, an island bathed in sunshine for over 300 days a year, is a haven for those seeking a combination of leisure, sport, and breathtaking natural beauty. With its excellent golfing reputation and diverse water sports opportunities, the island offers something for everyone, whether you are an experienced athlete or just beginning your journey into the world of sports.

GOLFING IN CYPRUS

Cyprus has gained acclaim in the golfing community for its variety of world-class courses, all conveniently located within an hour's drive of the picturesque city of Paphos. Each course presents its own unique challenges and charms, making Cyprus the ideal destination for golf enthusiasts.

Secret Valley Golf Club

Nestled amidst the stunning landscapes near Paphos and the iconic Petra tou Romiou (Aphrodite's Rock), the Secret Valley Golf Club is a gem waiting to be discovered. As its name suggests, the course is set within a valley, but this is no ordinary valley. Its brightly-coloured rock formations seem to transform with changing light, creating a visual spectacle that perfectly complements the game. The course's natural beauty and challenging layout make it a favourite among golfers of all abilities.

Aphrodite Hills Golf Club

Perched atop two plateaus overlooking the Mediterranean coastline, the Aphrodite Hills Golf Club is a vision of golfing perfection. Imagine sunny skies, undulating fairways dotted with ancient olive and carob trees, and challenging pot bunkers that test even the most seasoned players. The course, which offers sweeping views of the sea, combines sport and scenery in a way that leaves players with a profound sense of satisfaction. This is more than just golf; it's an experience that captures the essence of Cyprus's timeless beauty.

WATER SPORTS IN PAPHOS

For those who crave the thrill of water sports, Paphos delivers in spades. Diving enthusiasts will find endless opportunities to explore the underwater treasures of this Mediterranean paradise. From vibrant marine ecosystems to historic wrecks, the waters off Cyprus offer something for divers of all skill levels.

Diving Attractions

One of the most popular diving spots is Maninji Island, where underwater adventurers can explore stunning coral formations and encounter a variety of marine life. Another must-visit location is the Akamas Peninsula, a pristine area offering both natural beauty above water and fascinating dive sites below. However, the

crown jewel for experienced divers is the Wreck of Zenobia, the fourth-largest wreck dive in the world. This massive ferry, which sank in 1980, rests on its side and is now home to an astonishing array of sea creatures.

Learn to Dive

For beginners eager to discover the joys of diving, Paphos is an excellent place to learn. Numerous dive companies in the town offer professional courses, ensuring that everyone—regardless of experience—can take the plunge and explore the wonders of the underwater world.

EXPLORING CURIUM

No visit to Cyprus would be complete without a journey towards Limassol, where the ancient city of Curium awaits. Situated on the island's southern shores, Curium is steeped in history and offers visitors a glimpse into its fascinating past, which dates back to antiquity. The area is dotted with stunning vistas that blend the natural beauty of the Mediterranean with the remnants of a bygone era. Today, Curium lies within the Akrotiri Sovereign Base Area, making it a must-see destination for history buffs and nature lovers alike.

And here is the history!!!

Exploring Historical Gems of Paphos

A JOURNEY THROUGH TIME AND ARCHITECTURE

Paphos, a city steeped in history and legend, offers visitors a remarkable glimpse into the past through its magnificent archaeological sites and cultural landmarks. From sacred places tied to biblical figures to elaborate burial grounds and ancient theatres, the city stands as a testament to the enduring legacy of its ancestors.

THE CHURCH OF ST. PAUL

Close by, the Church of St. Paul provides a poignant connection to biblical history. Within its premises lies the remains of the pillar to which St. Paul was allegedly tied and whipped. This site resonates with spiritual significance, drawing pilgrims and history enthusiasts alike. The humble pillar serves as a silent witness to the trials endured by one of Christianity's most influential figures, lending the church a profound historical and religious aura.

THE TOMBS OF THE KINGS

Further down the road, visitors encounter the Tombs of the Kings, an extraordinary archaeological site shrouded in mystery. These subterranean tombs, many of which date back to the 4th century BC, are carved out of solid rock and believed to have served as burial grounds for Paphitic aristocrats and high-ranking officials until the third century AD. Despite their grand name, no monarchs were interred within these tombs; the title originates from the magnificence of their construction.

Some tombs feature Doric columns and frescoed walls, showcasing the architectural sophistication of ancient artisans. Remarkably, the tombs often imitated the design and layout of houses, reflecting a belief in life after death where the deceased could dwell in familiar surroundings. Archaeological excavations continue to uncover new insights into this enigmatic site, adding to its allure for history buffs and researchers.

THE ANCIENT ODEON

In the heart of Kato Pafos, situated within the bustling tourist district, lies the ancient Odeon. This small yet enchanting structure, dating back to the 2nd century, is constructed entirely of meticulously hewn limestone blocks. Once a venue for gatherings and performances in antiquity, the Odeon retains its cultural importance even today.

During the summer months, the Odeon becomes a stage for musical and theatrical performances, reviving the artistic traditions that have long been associated with Paphos. Its intimate atmosphere and historical backdrop create an unforgettable experience for both performers and audiences, bridging the gap between the past and present.

A LIVING LEGACY

Paphos is more than just a city; it is a living museum that celebrates its rich and diverse heritage. Whether you wander through the sacred grounds of the Church of St. Paul, marvel at the grandeur of the Tombs of the Kings, or immerse yourself in the cultural vibrancy of the ancient Odeon, Paphos offers something truly unique for every visitor.

These remarkable sites are not merely relics of a bygone era but active testimonies to the ingenuity, artistry, and spiritual depth of those who came before us. As archaeological exploration continues, who knows w Churches and Ancient Ruins: Paphos' Historic Treasures

EXPLORING SACRED SITES AND ARCHITECTURAL MARVELS

AGIOI ANARGYROI CHURCH

The Agioi Anargyroi Church, renowned for its breath-taking architecture, stands as the largest cathedral in Paphos. Its impressive exterior is only a prelude to the awe-inspiring beauty awaiting visitors inside. Located conveniently on the ring road and just 400 yards from the Kings Mall, this majestic structure is truly a must-see for anyone exploring the city.

AYIA KYRIAKI CHRYSOPOLITISSA CHURCH

A site steeped in history, Ayia Kyriaki Chrysopolitissa Church was originally built around 1500 AD as a Latin Church on the grounds of a smaller church that had tragically been destroyed by an earthquake in 59 AD. About a century later, following the Turkish invasion of 1570, it was transformed into the Byzantine Cathedral of Kato Paphos. Today, this sacred site hosts both Anglican and Latin congregations, blending architectural and spiritual traditions into one compelling experience.

ST. GEORGE IN PEYIA

Situated at Cape Drepanum in Pegeia, the chapel of Saint George is a picturesque stone building adorned with two prominent bell towers on its western corners. Below, at about 50 meters, lies a smaller one-aisled basilica dedicated to St. George, dating back to the late 13th century. The site offers more than just stunning architecture—it sits atop a hill overlooking the endless blue of the sea. After admiring the chapel, visitors can take a short walk to marvel at the expansive view of the ocean. Opposite the chapel, the small island of Geronissos (Sacred Island) is visible, believed to have once hosted a sanctuary dedicated to the God Apollo.

THE TEMPLE OF PANAGIA THEOSKEPASTI

Built on a rocky outcropping in Kato Paphos, the Temple of Panagia Theoskepasti offers panoramic vistas of the surrounding area. Constructed in 1926 on the ruins of an older church, its interior houses an exquisite wood-carved icon screen, adorned with beautifully crafted icons that exemplify artistic excellence. This site seamlessly blends natural beauty with spiritual significance, making it an unforgettable highlight of any visit.

A JOURNEY THROUGH TIME

Paphos is a city where sacred sites and ancient ruins come together to tell the story of its rich and diverse heritage. From the towering Agioi Anargyroi Church to the serene Temple of Panagia Theoskepasti, each location offers a unique glimpse into the architectural brilliance and spiritual depth of the past. Whether you seek historic grandeur, captivating views, or a quiet moment of reflection, Paphos' churches and ruins provide a profound connection to the cultural and historical tapestry of this remarkable city.

The Historical and Spiritual Treasures of Pafos

EXPLORING PANAGIA THEOSKEPASTIS CHURCH, FABRICA HILL, APOSTLE PAUL'S PILLAR, AND THE CAVE OF AGIOS AGAPITOS

PANAGIA THEOSKEPASTIS CHURCH

The Panagia Theoskepastis Church holds a cherished place in the hearts of many, not only for its historical significance but for the divine intervention associated with its past. The church is home to the revered image of Panagia of Theoskepastis, an icon believed to have been painted by Apostle Luke himself. This sacred image is a priceless artifact, revered as a testament to the enduring faith of the community.

The church derives its name from a miraculous event during which it was saved from destruction. As tradition narrates, when Arabian ships approached to raid the land, a divine cloud of fog enveloped the church, rendering it invisible to the invaders. This miraculous intervention spared the church from pillage and led to its naming as "Theoskepasti," meaning "covered by God." The faithful view this event as a powerful reminder of divine protection and the sanctity of the site.

FABRICA HILL AND ITS ANCIENT SECRETS

Fabrica Hill, a site teeming with archaeological and historical wonders, has revealed remarkable insights into the ancient world through recent excavations. Among its most notable discoveries is the Ancient Theatre of Pafos, a structure that once hosted performances and gatherings, serving as a cultural nexus in antiquity. The theatre's remains offer a glimpse into the architectural and artistic achievements of the time, drawing visitors eager to connect with history.

Apostle Paul's Pillar

Not far from Fabrica Hill lies the poignant site of Apostle Paul's Pillar, a location imbued with deep spiritual resonance. It was here that the saint endured torture and flogging by Roman authorities. The punishment was carried out using whips with three straps, each tipped with 13 ends—a testament to the harshness of the times. Despite this suffering, the story of Apostle Paul's unwavering faith continues to inspire countless pilgrims who visit the site to pay their respects and reflect on his legacy.

The Cave of Agios Agapititos

On the northeastern corner of Fabrica Hill rests the mysterious Cave of Agios Agapititos. This cave, shrouded in legend and intrigue, is another treasure of the region. Though less is known about its detailed history, its presence contributes to the rich tapestry of Pafos' cultural and spiritual heritage.

Myths and Legends of Cyprus

A JOURNEY INTO HERITAGE AND MYSTERY

Cyprus, an island nestled in the eastern Mediterranean, boasts a history and culture as rich and varied as the azure waters that surround it. The myths and legends of this enchanting land weave tales of love, hate, devotion, and secrecy, leaving behind an indelible mark on its heritage. Among the many captivating stories, the myths surrounding Ayios Agapitikos, Ayios Misitikos, and the historic Turkish Baths of Pafos stand out, offering glimpses into the island's traditions, beliefs, and life.

THE HERITAGE OF AYIOS AGAPITIKOS AND AYIOS MISITIKOS

In the realm of Cypriot folklore, the legends of Ayios Agapitikos and Ayios Misitikos are imbued with themes of love and hate. The very names of these Saints represent opposing forces, with “agapi” signifying love, and “misos” symbolising hate. Their mythical abode is a rock formation shaped like a shell, hollow yet striking, with two arches that stand as gateways to their stories.

On one side stands Ayios Agapitikos, the Saint of love, while on the other, Ayios Misitikos, the Saint of hate. According to tradition, the two Saints are in perpetual motion, often swapping positions mysteriously. This mystical phenomenon has led to rituals in which worshippers, seeking blessings or ensuring the success of their plans, must light candles for both Saints as a gesture of balance and fairness.

The rock formation, surrounded by tales of devotion, was once complemented by two other caves: one dedicated to Ayios Misitikos and the other to Ayios Xorinos. Tragically, the latter two caves have been destroyed, leaving behind only the memories of their existence. However, the cave of Ayios Agapitikos remains a site of deep intrigue, especially for lovers seeking to seal their bond through clandestine rituals.

Tradition dictates that those in love should visit the cave discreetly, away from the prying eyes of others. They must leave coins as offerings and gather earth from the cave, which is then used in a peculiar yet romantic ritual. The earth, sprinkled secretly into the loved one's drink, is believed to fortify their union. Success in this endeavour hinges on secrecy and the absence of a third party, adding an air of forbidden charm to the act. Such tales not only reflect the islanders' belief in the mystical but also highlight the importance of privacy and ritual in matters of the heart.

IBRAHIMS HANI – THE TURKISH BATHS

While myths of love and secrecy dominate the narratives of Ayios Agapitikos and Ayios Misitikos, the Turkish Baths of Pafos, known as Ibrahims Hani, offer a glimpse into the historical and cultural tapestry of Cyprus. These baths were unearthed during the refurbishment of Pafos in 2017, revealing an unexpected treasure from the past.

Situated within the bustling market area, the baths served as a sanctuary for Turkish women, who indulged in beauty treatments amidst its soothing ambience. The architecture of the baths is a testament to the harmonious blend of tradition and functionality, creating a space that fostered relaxation and rejuvenation.

Today, the picturesque alleys of Muttalos, where the baths are located, further enrich the cultural experience. These winding paths lead visitors to the Ethnographic Museum, where artefacts, photographs, and displays offer insights into the daily lives and traditions of Cypriots over the centuries. The combination of the baths, the charming alleys, and the museum creates an immersive journey through time, inviting visitors to ponder the lives, rituals, and community spirit of those who once walked these streets.

PRESERVING CYPRUS'S MYTHS AND LEGENDS

The stories of Ayios Agapitikos, Ayios Misitikos, and Ibrahims Hani underscore the importance of preserving Cyprus's cultural heritage. They remind us of the island's capacity to weave narratives that inspire, intrigue, and connect generations. Through the interplay of myth, history, and tradition, Cyprus offers a unique lens into the human experience, one that celebrates love, rituals, and the beauty of everyday life.

As visitors explore the caves by the sea, light candles in honour of the Saints, or wander the alleys of Pafos, they are enveloped by the spirit of Cyprus—a land where myth and reality coexist in perfect harmony. With each story, Cyprus reaffirms its role as a timeless keeper of legends, ensuring that its heritage continues to thrive for generations to come.

The island's myths and legends are not merely stories; they are reflections of its soul, connecting the past with the present and guiding the future. For those who seek to delve deeper, Cyprus promises an endless array of tales, waiting to be discovered, celebrated, and cherished.

Exploring the Historical and Natural Wonders of Cyprus

A JOURNEY THROUGH TIMELESS LANDMARKS

Cyprus, a jewel of the Mediterranean, boasts an array of historical and natural landmarks that capture the imagination and tell the stories of its rich and tumultuous past. From ancient ports to coastal trails, the island offers a unique blend of history, archaeology, and breathtaking landscapes.

THE LIGHTHOUSE

Built under British rule in 1888, this iconic lighthouse has stood the test of time, serving both as a beacon for sailors and as a beloved meeting point for locals on Ash Monday. Its historical significance has made it a cherished part of the cultural fabric of Cyprus.

THE BYZANTINE FORT

A bastion of the island's turbulent history, the Byzantine Fort was constructed to protect the harbour. Initially built by the Lusignans, the fort was demolished by the Venetians, only to be rebuilt by the Ottomans. Its enduring presence is a testament to the resilience of the island and the layered narratives of its past rulers.

DREAMERS BAY

Dreamers Bay is one of the best-preserved ancient ports in the Mediterranean, located on the southern shores of the Akrotiri peninsula in Limassol district. This remarkable archaeological site offers glimpses into the Roman and early Byzantine eras. Excavations have revealed stone buildings close to the shoreline, partly exposed by marine erosion. Geophysical surveys and surface examinations have further unveiled ancient cliff-top quarries, contributing to the understanding of the bay's role as a vital hub of maritime activity in antiquity.

WALKS ON THE AKAMAS PENINSULA

The northwest tip of Cyprus, known as the Akamas Peninsula, is a haven for nature enthusiasts and hikers. With captivating landscapes and a unique mix of wildlife including chameleons, loggerhead turtles, and Bonelli's eagles, the peninsula is a treasure trove of biodiversity. Among its many trails, the Aphrodite trail stands out for its stunning views over the blue lagoons and its historical allure. The hiking path passes through sea caves, a natural bridge, and the ruins of an ancient temple dedicated to the Goddess of Love and Beauty. Legend holds that the waters near this temple guarantee eternal youth and beauty, making the journey both enchanting and memorable.

Cyprus, with its blend of historical landmarks and natural wonders, invites visitors to immerse themselves in a timeless exploration of its diverse heritage. Whether you are a history buff, an adventurer, or simply a dreamer, the island offers experiences that leave an indelible mark on all who visit.

Exploring Cypriot Wineries and Wine Traditions

A JOURNEY INTO CYPRUS'S RICH WINEMAKING HERITAGE

EZOUSA WINERY

Nestled on the banks of the Ezusa River in the village of Kannaviou, Pafos District, Ezousa Winery stands as a serene testament to Cypriot winemaking. Their wines are crafted exclusively from grapes grown in their privately owned vineyards, ensuring a personal touch and exceptional quality. Visitors are welcome to experience the winery's offerings, but appointments must be made in advance to explore this hidden gem.

LAMBOURI WINERY

Located in the picturesque Troodos Mountains, Lambouri Winery enjoys a reputation as one of the finest boutique wineries in Cyprus. Beyond its remarkable range of wines, Lambouri holds a unique distinction—it is the only licensed winery in Cyprus permitted to produce Kosher wine (Ya'in Kafrisin). Additionally, the winery produces Commandaria, a wine with a storied past dating back to the Crusades of the 12th century. Named after the "Grande Commanderie," where the Knights of St John settled, Commandaria is

celebrated as the oldest wine still in production today. Lambouri Winery is open to visitors Monday through Saturday from 9 am to 4:30 pm, offering a glimpse into its rich historical and culinary treasures.

VASILIKON WINERY

Situated in Kathikas, Vasilikon Winery is a pioneering establishment, founded in 1993 and among the first local wineries in Cyprus. Its success is built on the superior quality of grapes sourced from Kathikas and the Akamas Laona areas in Paphos, many of which come from the family's own vineyards. Wine tasting sessions are available by appointment, allowing guests to savour the fruits of decades of dedication to winemaking excellence.

CYPRUS'S INDIGENOUS WINE VARIETIES

Cypriot winemakers have recently shifted their focus toward indigenous grape varieties, creating a unique identity for the island's wine culture. Among the reds, Maratheftiko, Yiannoudi, Mavro, and Ofthalmo stand out for their distinct flavours. Meanwhile, white varieties such as Xinisteri (particularly refreshing in the summer), Spoutiko, Morokanella, Promara, and Kanella offer diverse and delightful options. Pair Xinisteri with salads or fish for a light and refreshing experience, and enjoy Maratheftiko alongside lamb or steak to bring out the depth of the wine.

THE CYPRUS WINE MUSEUM

For those seeking a broader perspective on Cyprus's winemaking legacy, the Cyprus Wine Museum, located in the village of Erimi west of Limassol, offers an invaluable opportunity. This museum provides insights into the island's vast and ancient winemaking traditions, weaving together the stories of its unique varieties, techniques, and cultural significance.

A MYTHICAL BEGINNING

Legend has it that the art of winemaking first arrived in Cyprus through the divine interplay of Greek mythology. Aphrodite, the goddess of love, learned the secrets of cultivating and vinifying grapes from Dionysus, the god of wine, who was captivated by her beauty. This mythological connection imbues the island's wine culture with a romantic and timeless allure.

Cyprus is undoubtedly a treasure trove for wine enthusiasts, blending history, tradition, and innovation in every sip. Whether exploring boutique wineries or indulging in indigenous varieties, the island promises an unforgettable journey through one of the world's oldest wine-producing regions.

Useful Information

- Seawater and Weather: Seawater temperature stays around 19°C in December. Average daytime temperatures are 35°C in July and August, and 15°C in January.
- Language: Greek is the primary language, but English is widely spoken. There is also a significant Russian population.
- Currency: Euros (€).
- Time Zone: Two hours ahead of GMT.

- Entertainment: Apartments have smart TVs for Netflix and Prime. Fire TV Stick works with HDTVs and is recommended for unrestricted access.
- Travel: Flight time from London is 4.5 hours. Transfer from Paphos Airport is 15–20 minutes by taxi, or bus service 612 can take you to Paphos Town.
- Electricity: 240 volts, 3-pin plugs (same as UK).
- Water: Tap water is safe to drink, but bottled water may be preferred. Single-tap kitchen water is potable, while double-tap water is solar-heated from roof tanks. Water conservation is important.

Practical Tips for Travelling to Cyprus

ESSENTIAL INFORMATION FOR A SMOOTH TRIP

TELEPHONE

- Pay-as-you-go Cyprus SIM cards can be purchased from kiosks for approximately 10 Euros.
- To call the UK, use the code 0044. Calls made from a Cyprus SIM to the UK are often cheaper than using your own phone.
- Be sure to check your roaming charges before travelling.
- Consider bringing an old unlocked phone if you'd like to use two phones simultaneously.
- Most mobile networks are compatible in Cyprus, but confirm your roaming charges beforehand.

WIFI

- WiFi is available in most locations. Simply ask for the access code.

PAPHOS

- The entire city of Paphos is recognized as part of the UNESCO World Heritage list, highlighting its cultural and natural significance.

BANKING HOURS

- Banks operate Monday through Friday from 08:15 to 13:00.

POST OFFICE

- Post Office hours are Monday to Friday 07:30 to 13:00.
- Additional service is available on Thursday afternoons from 15:00 to 17:30.
- The Post Office is conveniently located two minutes' walk from the apartments.

DRIVING IN CYPRUS: TOP TIPS

- Cars drive on the left, just as in the UK.
- The motorways are well-built, and traffic tends to be manageable.
- Road signs are displayed in both English and Greek.
- Moped drivers often weave in and out of traffic, so use your wing mirrors carefully.
- The drink-drive limit in Cyprus is considerably lower than in the UK.
- Be cautious at roundabouts, as Cypriots may navigate them unpredictably.
- Watch out for white vans that serve as movable radar cameras.

- Not all car hire companies provide permits to cross the Green Line into Northern Cyprus, so confirm this in advance.

In Case of Emergency

**call 112 or 199 for Emergency Services Police, Fire Brigade,
Medical/Ambulance**

Healthcare Options in Paphos

- Paphos General Hospital: Public hospital located in Anavargos, Paphos. Provides care for all attendees and caters to emergencies. Contact: 26 240 100.
- IASIS Hospital: Private hospital with a 24-hour doctor alert system and casualty department. Offers comprehensive medical assistance and is located close to local apartments. Contact: 26 848 484, Address: 8 Voreiou Ipeirou, Paphos 8036.
- St. George's and Blue Cross Private Hospitals: Operating since 1992 at 29 Eleftherios Venizelos Avenue, Pafos 8021. Features specialist laboratories (cardiology, X-ray, vitro fertilization, ETN, microbiological, ophthalmic), operating theatres, maternity wing, intensive care unit, maternity nursery, pharmacy, 24-hour casualty, dental services, and ambulance service. Contact: 26 947 000.

All hospitals offer excellent treatment and professional services. It is advised to have private medical insurance as private hospital costs can be expensive.

There are a good choice of tavernas and restaurants. Here are a few of our recommendations:

- ♦ Fat Mama's [Italian] Tombs of the Kings Road
- ♦ Phuket [Chinese] Tombs of the Kings Road
- ♦ Vasano [Kebabs] Eat there or take away.
Just a stone's throw from the apartments
Agapinoros 26 - tel: 35726942635
- ♦ St George in Peghia – Fresh fish & beautiful views
- ♦ Hondros Restaurant - Paphos Town
- ♦ Ocean Basket - Seafood - Coral Bay & Kato Paphos Bania - Poiseidons Ave
- ♦ Alea - Poiseidons Ave
- ♦ Cap St George - 6 Maniki Str, Peyia -
Spectacular sunsets and sea views will

Here are some of the other outstanding attractions you can find in and around the Paphos region:

- ♦ The Troodos Mountains (45-90 min drive away), where skiing can be enjoyed during the winter

Useful numbers

◊ Police/Fire/Ambulance Emergency: 112 or 199

◊ Ambulance: 22604031

◊ Paphos General Hospital +357 26 80 32 60

◊ Police: 26 80 60 60

◊ Electricity faults: 1800

◊ Directory Enquiries: 118 192

◊ CYTA Telecommunications: 132

◊ Citizens advise: 26 821 888

◊ Drug info and poison control: 1401

◊ Private doctors on call: 90 90 14 36

◊ Pharmacies (after hours): 90 90 14 16 or visit
www.cyprusnet.com/cyprus-pharmacy.html

◊ Immigration office: 26 806 200

◊ Paphos airport Customs: 26 812 438

◊ Paphos airport enquiries: 77 77 88 33

◊ Water board : 26 943 045

◊ Tourist information: 26 932 841

Owners

Tina & Charalambos Stavrou

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